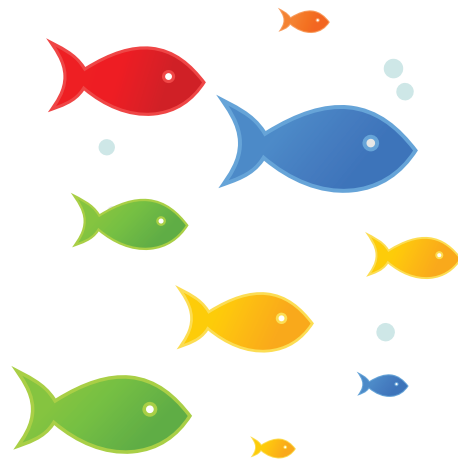


2021



**White
Memorial
Weekday
School**

faith & education flowing together

Health & Wellness at White Memorial Weekday School



School Safety

PRINCIPLES FOR SAFETY AT THE WEEKDAY SCHOOL

- Protect the health and safety of students and staff
- Comply with government orders
- Use applicable guidelines from the Centers for Disease Control (CDC) and the Department of Health and Human Services (DHHS)
- Support physical distancing where appropriate
- Help children feel safe in an environment that may look somewhat different than they are used to
- Set clear expectations for everyone in our WDS community

ORIENTATION AND FIRST DAYS OF SCHOOL



White Memorial Weekday School will open for students on **Tuesday, September 7.**

An orientation will be held for small groups of children with **ONE** parent or caregiver on September 1 and 2. See chart below for the orientation schedule. Orientation is recommended but not required. If you are unable to attend, please email Cynthia Baggett at cbaggett@whitememorial.org.

ALL M/W/F, ALL W/F, AND ALL THREE-YEAR-OLD CLASSES will have orientation on Wednesday, September 1.

ALL T/TH CLASSES, ALL FOUR-YEAR-OLD CLASSES, AND ALL KINDERGARTEN CLASSES will have orientation on Thursday, September 2.

LAST NAME	TIME
Last names beginning with A-D	9:00-9:20
Last names beginning with E-H	9:30-9:50
Last names beginning with I-L	10:00-10:20
Last names beginning with M-P	10:30-10:50
Last names beginning with Q-T	11:00-11:20
Last names beginning with U-Z	11:30-11:50

If you have two children with the same orientation times, you may bring two adults or visit both classes with one adult during the allotted time. All adults must wear face coverings inside the White Memorial campus buildings. Two-year-olds are encouraged to wear face coverings. Face coverings are required for children in three-year-old, four-year-old and kindergarten classes.

ENTERING AND EXITING THE BUILDING

Drop-off and pick-up will be staggered this year. Drop-off will take place between 8:45 and 9:00, and pick-up will take place between 12:30 and 12:45.

AGE LEVEL	DROP OFF TIME	PICK UP TIME	LOCATION
Infants	8:45	12:30	Classroom
Toddlers	9:00	12:45	Classroom
Twos	8:45	12:30	Classroom
Threes	9:00	12:45	Gym Door
Fours	8:45	12:30	Gym Door
K	8:45	12:45	Jane Bell

If you are unable to drop-off your children during your assigned time, please wait until 9:10 to bring your children to school. At that time, infant and toddler parents can bring children to classrooms. Twos, threes, fours, and K parents should bring them directly to the office using the Oberlin Road entrance. All adults must wear face coverings while inside White Memorial campus buildings. Two-year-olds are encouraged to wear face coverings. Face coverings are required for children in three-year-old, four-year-old and kindergarten classes.

All parents and caregivers of children in a first floor classroom (infants and some toddlers) will enter in the doors at the McDonald Lane courtyard and turn right upon entry. If you have multiple children with you, drop off and pick up on the first floor first and then use the stairs closest to McDonald Lane to access the second and third floors. If you are only dropping off or picking up a child on the first floor, exit the first floor hallway directly onto McDonald Lane.

ENTERING AND EXITING THE BUILDING, CONT'D

All parents and caregivers of children in second floor classrooms (some toddler and all twos) may enter either the Oberlin Road door or the doors at the McDonald Lane courtyard. If entering off of McDonald Lane, you will go straight into the new youth space and up the stairs closest to Oberlin Road. Everyone who drops off or picks up children on the second floor will exit through the Jane Bell Gathering Space to either Oberlin Road or McDonald Lane.

All parents and caregivers of three-year-olds and four-year-olds will bring their children to the designated door of the gym. The gym is located directly off the McDonald Lane Courtyard. Parents of kindergarteners will drop off their children at the outside entrances of the Jane Bell Gathering Space, which is located directly off McDonald Lane and Oberlin Road.

Staff will be outside and in the hallways to direct parents and caregivers.

We respectfully request that parents and caregivers move in and out of the building or gym area quickly. We ask that you set up individual times to meet with teachers or communicate via Memberhub instead of talking in the doorways or hallways. Please move outside and away from the building to talk with other parents and caregivers.



Health and Wellness

HEALTH AND WELLNESS PLEDGE

All families and staff must commit to supporting White Memorial Weekday School's health, wellness, and safety protocols and must commit to staying home and keeping children home when they are not feeling well, have symptoms of COVID-19, or have potentially been exposed. Each parent and staff member will be required to complete White Memorial Weekday School's Health and Wellness Pledge and Waiver, which are attached to this document and must be completed by the first day of school. Please upload the signed pledge and waiver to your Sandbox portal prior to the first day of school.

DAILY SCREENING

All families will be required to complete an online health screening each day. Please complete and submit the health screening before bringing your child/children to school each day.

FACE COVERINGS

We view the use of cloth face coverings as an important way that we can slow the spread of COVID-19 and protect one another. All adults must wear face coverings inside White Memorial campus buildings. Two-year-olds are encouraged to wear face coverings. Face coverings are required for children in three-year-old, four-year-old and kindergarten classes. We know that sometimes masking can be hard for children. We will make every effort to teach our young students to wear masks in an appropriate way using compassionate teaching, and we do not expect perfection. Regular mask breaks will be built into the daily schedule for children and adults.

SOCIAL DISTANCING

Efforts will be made to keep children at a safe physical distance when possible and age appropriate. Children will be in separate groups for eating and playing, reducing the number of children in any one area. During whole group circle and story times, half of the children will be spread out on the carpet while the other half are sitting in chairs.

Health and Wellness

EMOTIONAL WELLNESS

We understand that many aspects of the COVID-19 pandemic have been challenging for young children. Prolonged absences from school and peers, altered routines, and the internalizing of fear from family and community members can impact children in a variety of ways. At the Weekday School, one of our primary goals is to create social and emotional safety so that children can process their experiences in developmentally appropriate ways. Conscious Discipline, our comprehensive social and emotional program, is continually providing resources to teachers and families so that they can address the complicated mix of emotions that may emerge as a result of our current health crisis. We will be using a variety of these resources, including social stories, self-calming techniques, and the language of safety to help children feel secure at school.



CLEANING AND HYGIENE

White Memorial Weekday School staff will use EPA-registered disinfectants to clean and disinfect frequently touched surfaces throughout the school day. The building will be thoroughly cleaned and disinfected each evening. In addition we will do the following:

- Provide hand sanitizing stations throughout the building
- Teach and reinforce hand hygiene, such as washing hands frequently with soap and water for 20 seconds.
- Ensure that hands are washed upon arrival, before and after eating meals and snacks, after blowing noses or coughing, after toileting and diaper changes
- Clean and disinfect toys each day

Additional Program Information

CALENDAR

Our updated school calendar is attached to this document and can also be found on the White Memorial Weekday School website.

VOLUNTEERS AND VISITORS

In order to minimize the spread of illness and maintain a healthy environment for our students and teachers, we will be strictly limiting outside visitors and volunteers. One parent or caregiver may quickly enter and exit during assigned drop-off and pick-up times. Outside service providers, such as Wake County Preschool Services itinerant teachers, may come into the building during their assigned times, provided they follow our health and wellness protocols. While it is certainly disappointing for all of us, we will not have parent volunteers and other visitors in classrooms until the risk of COVID-19 has diminished significantly.

LUNCH AND SNACKS

All children will eat a snack and lunch brought from home in their classrooms, and all students will be asked to bring their own water bottles. Community snacks will not be provided. Infant and toddler classes are all nut-free. Older classes will follow individual classroom allergy protocols.



PARTIES

Parties are typically a fun time for children and parents to celebrate with special activities and treats. Unfortunately, we will not be able to celebrate in this way until the COVID-19 situation improves, but we will continue to enjoy special holidays throughout the school year. Parents who sign up for parties may send in store-bought snacks in original individual packages, adhering to classroom allergy protocols. Any additional supplies that are sent in must be easy to sanitize. Parents will be unable to attend parties until further notice.

Additional Program Information

CHAPEL, SING-A-LONGS, AND SPECIAL EVENTS

Until the church and Weekday School Committee feel it is safe to do so, we will not be gathering as a school community for Chapel, Sing-a-Longs, and other special events. When possible, members of the administrative team will go into individual classrooms to share Chapel stories and songs. Our Faith Formation team will also provide ideas and materials for spiritual development in the classroom.

FIELD TRIPS

Field trips are suspended until further notice. We will resume these wonderful learning opportunities when it is safe to do so.

PARENT VISITATION

Our annual Parent Visitation will be held in-person this year. All adults in attendance will be required to wear masks and follow social distancing guidelines.

TUITION PAYMENTS

For school closures resulting in the building being closed for 30 days or less, materials for home learning will be provided to families and tuition will be charged as scheduled. If the building is closed for more than 30 days, tuition for preschool classes will not be charged. Kindergarten classes will meet virtually for the remainder of the closure, and tuition will be charged as scheduled.

Health and Wellness Pledge

WHITE MEMORIAL WEEKDAY SCHOOL HEALTH AND WELLNESS PLEDGE

The White Memorial Weekday School is committed to promoting the health and safety of all students, staff, and teachers. Our ability to successfully provide a meaningful child development experience depends upon each member of the Weekday School community adhering to policies adopted for our collective health and safety. Each person has a responsibility to know and act in accordance with these policies.

As a member of the White Memorial Weekday School community, I/we pledge to do my/our part in minimizing the spread of COVID-19 in our school environment. Specifically, I/we commit and pledge to:

- stay at home and keep my/our children at home if they are experiencing symptoms of COVID-19 as spelled out by the North Carolina Department of Health and Human Services. These include:
 - fever (at or over 100.0 for WDS) or chills
 - shortness of breath, difficulty breathing, or new cough
 - new loss of taste or smell
 - nausea, vomiting, or diarrhea
 - fatigue, body aches, headaches, sore throat
- stay home and/or keep our children home if I/we/they are generally feeling unwell
- immediately notify the Director of the Weekday School of any positive COVID-19 test or exposure to persons known to have COVID-19 by a student or a member of household
- complete on-line health screening every day prior to drop-off
- abide by Weekday School pick-up and drop-off procedures
- abide by Weekday School face coverings requirements
- sanitize hands every day prior to entering the Weekday School building
- maintain six (6) feet of distance from other persons, to the extent feasible
- sanitize hands every day prior to entering the Weekday School building

Parent 1 or Staff Member

Parent 2

Date



Health and Wellness Pledge

WAIVER AND RELEASE OF LIABILITY RELATED TO COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization, and the Governor of North Carolina has declared a state of emergency related to the spread of COVID-19. COVID-19 is extremely contagious. Medical knowledge is evolving, but the virus is believed to spread from person-to-person contact, by contact with contaminated surfaces and objects, and in the air or by other similar means. People reportedly can become infected and spread the disease without showing any symptoms. The exact methods of spread and contraction are unknown at this time, and there is no known treatment, cure, or vaccine for COVID-19. Evidence has shown that COVID-19 can cause serious and potentially life threatening illness and even death in some cases.

White Memorial Presbyterian Church and the Weekday School (individually and collectively, "WMPC") cannot prevent you, your spouse, your child, children, children in your care, or members of your household from becoming exposed to, contracting, or spreading COVID-19 while on WMPC premises. Therefore, any interaction with others at WMPC may expose you, your spouse, your child, children, children in your care, or members of your household to contract or spread COVID-19 and increase your risk of contracting or spreading COVID-19.

In consideration of enrolling my child, children, or children in my care in WMPC programs at the WMPC premises, I hereby agree as follows:

ASSUMPTION OF RISK: I have read and understood the above warning concerning COVID-19. I hereby choose to accept the risk of contracting COVID-19 for myself, my spouse, my child, children, children in my care, and members of my household in order for my child to participate in WMPC programs.

WAIVER OF LIABILITY AND RELEASE OF CLAIMS: I hereby forever release and waive all claims and rights against WMPC, its teachers and staff, members, officers, directors (or the equivalent), employees, contractors, agents, and representatives ("WMPC Parties") in connection with exposure, infection, and/or spread of COVID-19 arising out of or otherwise related to participation in WMPC programs and activities at WMPC premises. I understand that this waiver is being provided on behalf of myself and all of my children and that it means I give up any right to bring any claims against any WMPC Parties, including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence, and give up any claim to seek damages, whether known or unknown, foreseen or unforeseen. I specifically give up my right to initiate suit against WMPC Parties for any matter contemplated by this release.

CHOICE OF LAW: I understand and agree that the law of the State of North Carolina will apply to this waiver and release agreement.

I HAVE CAREFULLY READ AND FULLY UNDERSTAND ALL PROVISIONS OF THIS WAIVER AND RELEASE AGREEMENT, AND FREELY AND KNOWINGLY ASSUME THE RISK AND WAIVE MY RIGHTS CONCERNING LIABILITY OR POTENTIAL LIABILITY AS DESCRIBED ABOVE:

First Parent/Caregiver Signature: _____

Name (printed): _____

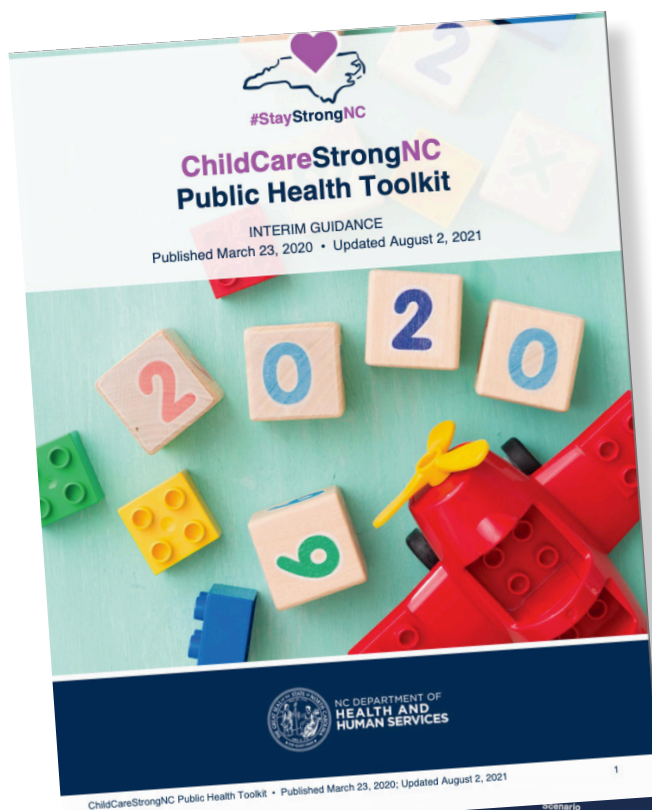
Date: _____

Second Parent/Caregiver Signature: _____

Name (printed): _____

Date: _____

Deciding When To Stay Home



Please refer to the Childcare Strong NC Public Health Toolkit, pages 12-14.

<https://covid19.ncdhhs.gov/media/220/open>

This document will serve as our health and wellness guide. The Weekday School reserves the right to deviate from this protocol if recommended by the Weekday School Committee or the White Memorial Presbyterian Church Session.

Scenario		Criteria to return to child care
Diagnosis	Child/staff person has tested positive with an antigen test but does not have or develop symptoms of COVID-19	<p>If the child/staff person takes a repeat PCR/molecular test performed in a laboratory within 48 hours of their positive antigen test, and that PCR/molecular test is negative, the person can immediately return to child care; OR</p> <p>If the child/staff person does not take a repeat PCR/molecular test, or takes one within 48 hours and it is also positive, he/she can return to child care when they complete 10 days of isolation. Isolation should begin starting from the date of their first positive test.</p> <p>The person is not required to have documentation of a negative test in order to return to child care.</p>
Diagnosis	Child/staff person has tested positive with a PCR/molecular test but the person does not have and does not develop symptoms.	<p>Child/staff person can return to child care when he/she completes 10 days of isolation. Isolation should begin starting from the date of their first positive test.</p>
Symptoms	Child/staff person has symptoms of COVID-19 and has tested positive with an antigen test or PCR/molecular test	<p>Child/staff person can return to child care when:</p> <ul style="list-style-type: none"> • He/she completes 10 days of isolation. Isolation should begin starting from their first day of symptoms; AND • It has been at least 24 hours since the he/she had a fever (without using fever reducing medicine); AND • Other symptoms of COVID-19 are improving. <p>The person is not required to have documentation of a negative test in order to return to child care.</p>

White Memorial WDS 2021-2022 Calendar

2021

August 30	Monday	Staff Meeting, Main Hall, 9:00 (required)
August 31	Tuesday	Teacher Workday (required)
September 1/2	Wednesday/Thursday	Orientation Days and Workdays
September 3	Friday	School closed
September 6	Monday	Holiday (Labor Day)
September 7	Tuesday	First Full Day of School

(ALL infants, toddlers and twos dismiss at 11:00 the first week of school.)

September 23	Thursday	Parent Visitation (7:00 p.m.)
October 11	Monday	Fall Conference Day for 3's, 4's, & K (no students)
November 1-2	Monday/Tuesday	Staff Retreat (no students)
November 11	Thursday	Holiday (Veteran's Day)
November 24- 26	Wednesday-Friday	Thanksgiving Holidays
December 15	Wednesday	Christmas Chapel, 11:30 (classes dismiss at noon)
December 16/17	Thursday/Friday	Optional Christmas Camps for 2's-K

2022

January 4	Tuesday	Students and Staff Return
January 17	Monday	Holiday (Martin Luther King, Jr. Day)
January 18	Tuesday	Winter Conference Day (no students)
January 24	Monday	Registration begins (ends at 1:30 on Jan. 28)
February 18/21	Friday/Monday	Holiday Weekend (Presidents' Day)
March 18	Friday	Teacher Workday
April 11-18	Monday-Monday	Spring Break
May 2	Monday	WDS Teacher Workday (CPR/First Aid)
May 25	Wednesday	Kindergarten Graduation
May 26	Thursday	Closing Chapel, 11:00 (classes dismiss at noon)
May 27	Friday	Teacher Workday (all staff)

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Recommendations within in this guideline are
subject to change depending upon updated health recommendations.