## WMPCMONTHLY



White Memorial Presbyterian Church | November 2021

### **Thanksgiving**

I have always enjoyed Thanksgiving. Every Thanksgiving of my life I have been blessed by a loving family around me, filled with memories of backyard touch football games, and warmed by the aromas of family recipes long passed down through generations.

As a pastor it gives me joy to think of family and friends praying together before they eat. It gives me happiness to imagine plates of food made by many hands – plates of food kissed by the laughter and smiles of brothers, sisters, and cousins. I suspect that some families who neither pray together or cook together at any other time of year pause to share sustenance for their bodies and their souls on the last Thursday of November. As Christians we believe that both prayer and shared meals are of critical importance for spiritual health. There is, after all, a good reason Jesus spends so much time praying and eating with other people. There is a reason that my family taught me from an early age that bonds are built through prayer and over dining room tables.

Back in my younger days, I can remember more than one preacher telling our church that we should have an "attitude of gratitude." With Thanksgiving as a guiding light, the month ahead is the perfect time to both take account of the blessings we have and make decisions about the blessings we might give away. So why not keep a gratitude journal this month? Why not write down one reason to be grateful every day this month? Why not make a list of things we have to share; a list of things we can give to others? While we are doing this, let us not miss the genius of the word Thanksgiving itself. It is made of two essential parts: "thanks" and "giving." This observation spurs me on and I hope it does the same for all of you.

At WMPC we'll begin the month on November 7 with Dedication Sunday when we will make our stewardship commitments for 2022. At 4:00 p.m. on November 7 we gather for Evensong, a worship service to remember loved ones who have died in the past year or in years past. Then we will welcome one of our past Pastoral Residents, Anna Rainey Dickson, back to our pulpit on November 21. On November 28, we will begin the Christian season of Advent. In spite of the challenges posed by the lingering pandemic and the chaos along Oberlin Road, we have very much for which to be thankful. It is a good time to give thanks. Thanksgiving is arriving at a perfect juncture and brings with it an opportunity for us to be grateful for our blessings and to commit ourselves to share them with family and neighbors alike.

May Thanksgiving and grace abound,

Christopher Edmonston, Pastor

Christophe



### SUNDAY WORSHIP TIMES

8:00, 9:30 and 11:00 a.m. In Person Worship in Sanctuary

Live Stream,
Facebook Live and
YouTube

OnPoint@1704 11:00 a.m. In Person Worship in the Main Hall

Live Stream and YouTube

In Person and Virtual Sunday School 9:30 a.m.

Nursery 7:45 a.m. - 12:15 p.m. Infants (L103) through four-year olds (L102)

Church Office
Telephone Number:
919-834-3424

**Pastor-On-Call** Telephone Number: 919-605-4593





text: wmpc app to 77977 to download app

whitememorial.org



#### IN THE CHURCH TRIUMPHANT

David Lee Barham - June 21, 2021

Thomas "Tom" Badger IV – September 30, 2021

William "Bill" Peter Garrabrant – October 1, 2021 WMPC family members: wife, Lou Garrabrant; and daughter and son-in-law: Vicki and Bryant Hare.

Michael Scott Petty Jr. – October 19, 2021 WMPC family members: parents, Amy and Mike Petty, and brother, Campbell Petty; grandparents: Ann and Don Campbell; aunts and their families; Meredith, Philip, Hannon, Ford and Donald Miller, and Lila, Kevin and Harry Hall; and Harris, Randy, Ben, Sussie and Barnes Mason.

#### PRAYERS AND CHRISTIAN CONCERNS TO

**Edna, John and Zach Dougher**, on the death of Edna's mother, Edna Edwards Powell, September 23, Goldsboro NC.

**Isabel, Steve, Spencer and Will Mattox, and Ashley, David and Thomas Wood**, on the death of Isabel's mother,
Isabel Blount Carter Worthy, October 5, Raleigh NC.

**Debbie and Bill Pappas**, on the death of Debbie's aunt, Doris Maria Zacheja Kunkle, October 8, Shelby, NC.

**Beth and Eddie Williford**, on the death of Beth's father, William Ray Cochrane, October 16, Concord, NC.

**Henry, Caroline, Henry and Charlie Carrison**, on the death of Henry's father, Henry James Carrison III, October 21, Greensboro, NC.

#### **NEW PRESBYTERIANS**

**Groves Edward Hice**, born August 8, child of Martha and AI Hice.

**Georgia Marguerite Worth**, born September 10, child of Shannon and Bryce Worth, London, England, grandchild of Salli and Randy Worth.

**Ayden Jackson Vaglio**, born September 17, child of Adriene and Andrew Vaglio, grandchild of Agnes Vaglio.

**Evander Philips Leach**, born October 1, child of Alyssa and Philips Leach.

**Theodore MacQueen Thomas**, born October 9, child of Kayle and Will Thomas, grandchild of Katherine and Ken Thomas.

**Flora Elizabeth Daniel**, born October 14, child of Clare and Wallace Daniel.

#### **BAPTIZED**

October 3 - Stella Gardner Testerman.

October 24 – Eliza Wells Battle, child of Haley and Staats Battle, grandchild of Romy and Player Barefoot and Carol and Richard Battle.

October 24 – Analise Angela Lane and Caroline Elizabeth Lane, children of Kristine and John Lane

**October 24 – John Bryan Stilley, IV**, child of Sterling and John Stilley, grandchild of Carol and Richard Battle.

#### **MARRIAGES**

**Grace Gentry Barnard and Ford Springer**, October 16, Figure Eight Island, NC. Grace is the daughter of Pat and Billy Barnard.

If you have experienced a birth, marriage or death you want to share with the church, email Rebecca Turner at <a href="mailto:rturner@whitememorial.org">rturner@whitememorial.org</a>. If you have a relative or church friend who is hospitalized, call the church office or email Amy Claprood at <a href="mailto:aclaprood@whitememorial.org">aclaprood@whitememorial.org</a> so our pastoral staff can reach out. If you have a pastoral care need outside of regular business hours, call our after hours pastor on call at 919-605-4593.



oteworth

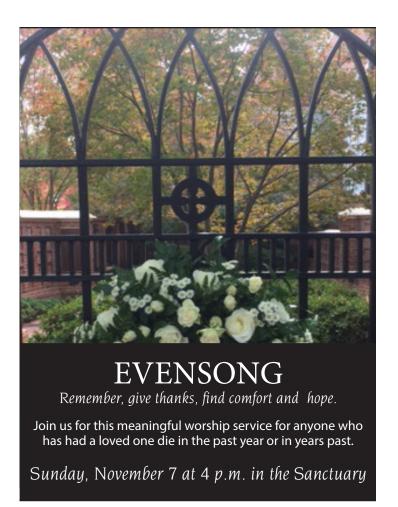
DON'T FORGET, DAYLIGHT SAVING TIME ENDS AT 2 A.M. ON NOVEMBER 7, SET YOUR CLOCKS BACK ONE HOUR.

WHITE MEMORIAL IS ON YOUTUBE. <u>WE INVITE YOU TO SUBSCRIBE</u> TO STREAM SANCTUARY AND ONPOINT@1704 SERVICES.

#### **OBERLIN ROAD CONSTRUCTION CONTINUES**

The City of Raleigh is working on Oberlin Road between Wade Avenue and Fairview Road for the foreseeable future. You can find a map on our website to help navigate the church campus. Please allow yourself 10 extra minutes before and after programming and services in case there are delays related to new traffic patterns. We will keep you up-to-date on progress so you can prepare and continue to participate in the life of the church with as little inconvenience as possible.

Throughout this newsletter you will see numerous events that require registration. Most registrations can be found on our website: <a href="https://www.whitememorial.org/register">www.whitememorial.org/register</a>



#### **HOLIDAY MEALS**

The turkey dinner collections we have done in the past changed last year, and we will keep that change moving forward. The organizations we support need our help in purchasing turkeys from their suppliers. They are able to purchase in bulk and can buy more with donated dollars. They have let us know that is their biggest need. If you would like to help, please go online to <a href="www.whitememorial.org/register">www.whitememorial.org/register</a>. Donations accepted through December 3 to allow time for agencies to purchase and distribute. If you have any questions, contact Gloria Johnson at <a href="mailto:gjohnson@whitememorial.org">gjohnson@whitememorial.org</a> or 919-834-3425, ext. 207.



### WMPC'S 20S + 30S FRIENDSGIVING

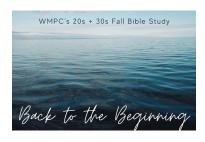
To celebrate the season of gratitude, for our November social we will gather for a "Friendsgiving" potluck lunch after 11:00 a.m. worship on Sunday, November 14. We'll give thanks to God for this community of faith and share

a delicious meal. To learn more or to RSVP, contact Anne Galliher at agalliher@whitememorial.org.



#### MEN'S BREAKFAST & BIBLE STUDY

Men of all ages are invited to come for a hot breakfast, fellowship and Bible study at 7:00 a.m. on Tuesday mornings in Geneva Hall (K100). The preaching pastor of the week leads a short Bible study related to the upcoming Sunday sermon. Bible study, breakfast and prayer conclude promptly at 8:00 a.m. each week. Contact for the group is Don Thompson, dthomps1ing@gmail.com.



#### WMPC'S 20S + 30S FALL BIBLE STUDY

Every other Tuesday through November 16 from 7:00-8:30 p.m. Join us at WMPC or on Zoom as we go back to the beginning, wondering together what

the book of Genesis might have to say to us today. Contact Anne Galliher at <a href="mailto:agalliher@whitememorial.org">agalliher@whitememorial.org</a> to learn more.

#### A/V VOLUNTEERS NEEDED!

We're looking for volunteers to help us stream Sanctuary and OnPoint@1704 worship services. Experienced? Great. No Experience? No problem. We'll train. High schoolers are welcome to explore this opportunity. Check with your school to see if this qualifies for service hours. Contact Parker Gagnier at <a href="mailto:pgggnier@whitememorial.org">pgggnier@whitememorial.org</a> for more information.

#### **NURSERY AND NEWBORN COORDINATOR**

The Coordinator of Nursery and Newborn Ministries helps create a safe and welcoming environment in the Nursery, oversees the work of the Nursery Staff and volunteers, and coordinates ministry to families with newborns. If interested, please submit your resume with a cover letter to Jennifer Eastman.

#### URGENT REQUEST FROM MEALS ON WHEELS

MOW wants to return to normal delivery routines, but they are struggling to find volunteers to deliver meals to those who qualify to receive this important contact/meal. They also need part-time staff to manage their many sites and Friendship Café locations. Seniors greatly benefit from this service and make up most of the 1,200 meal recipients each day. Questions? marykate@wakemow.org Volunteer? lesley@wakemow.org



### THE WEEKDAY SCHOOL IS HIRING!

The Weekday School is looking for assistant and substitute teachers during the 2021-2022 school year. If you love children and want to work in a fun, exciting community, please contact Cynthia Baggett at

cbaggett@whitememorial.org.

#### **CLOTHING CLOSET VOLUNTEER NEEDED**

The clothing closet is in need of a volunteer(s) to load and transport our donations to Dorcas Ministries on High House Road in Cary twice a month. It could be any day after the 1st and 3rd Wednesday of each month. Dorcas has volunteers to unload your car once you arrive. If interested, please contact Paula Williams at <a href="mailto:rw78243@mindspring.com">rw78243@mindspring.com</a>.

### PLAYDATES FOR PARENTS OF LITTLE ONES

If you are a parent of littles, you and your family are welcome and invited to playdates at the WMPC playground! This is a great opportunity to fellowship and get to know other WMPC families who are in a similar season of life and parenting. To learn more contact Abby Timmerman (ambreaux@ncsu.edu) or Alana Nanz (readalana@gmail.com).



Lectio Divina is a contemplative way to read the Bible. It's an ancient practice that means "holy reading." In Lectio Divina, we slow down and listen for God's word. We take time to listen for words or phrases from Scripture that stand out for us, and we listen for a call that God may be placing upon our lives. Associate Pastor Cate Church Norman and Pastoral Resident Anne Galliher will facilitate.

We will meet every Wednesday on Zoom from 11:00 a.m. to noon. Lectio Divina will take place from 11:00-11:30, followed by Centering Prayer from 11:30-noon. You are welcome to come to Lectio Divinia or Centering Prayer only, or stay for both. You will need to register to receive Zoom link.



# INTERESTED IN MEMBERSHIP AT WHITE MEMORIAL?

#### JOIN US!

The next

Believing & Belonging

@WMPC Class

for new and

prospective members

will meet in person on

Sunday, November 14

and join on

Sunday, November 21

REGISTER BY NOVEMBER 1
WWW.WHITEMEMORIAL.ORG/REGISTER

#### **OUTREACH KNITTING GROUP**

Gather around and enjoy fellowship and friends while knitting and crocheting on Tuesday, November 2 at 9:30 a.m. in W400. We have plenty of yarn, patterns, hooks and needles. Everyone is welcome to join us for coffee and lots of conversation. Any questions call Faye Senter 919-805-0897 or fsenter@bellsouth.net.



### OUTREACH SEWING GROUP

For many years a dedicated group of women who love to sew has made various items for our Russia Mission Partner in

Smolensk. We have made clothing and coloring book bags for orphanage children, and colorful quilts for the beds at their Rodnik conference center. Recently we have made the scapula that our WMPC choirs wear during Advent and Lent, and currently we are making useful tote bags for WMPC Outreach ministries. Our Sewing Group meets the third Monday of each month and our next meeting is on November 15 at 9:00 a.m. in C200. We would love to have new folks join us for our mornings of sewing followed by a special time of fellowship over lunch, which is provided. Please call Susie Jackson at 919-876-9641 for more information.

### Welcome Home Project

The WMPC Refugee Resettlement Committee is excited about welcoming an Afghan refugee family to Raleigh, and we are going to need your help to help them begin their new lives.

We are partnering with the US Committee for Refugees and Immigrants (USCRI) and the Green Chair Project to prepare a Welcome Home apartment for a family sometime in November. Thank you to the many who have - and continue to - provide household items and furnishings for our family. There are still items that are needed and you can find a list by clicking <a href="https://example.com/here/needed-and-needed



### WOMEN'S MONTHLY FELLOWSHIP LUNCHEON

All women are cordially invited

Monday, November 8
Edinburgh Building | Main Hall | 12-1:00 p.m.

All are invited to attend the Women's Fellowship Luncheon at 12 noon on Monday, November 8 in Edinburgh Hall. November's Luncheon Program is an update on Haiti Outreach Ministries. Register by noon, Friday, November 5 at <a href="https://www.whitememorial.org/register">whitememorial.org/register</a>.

#### **GIVE BACK. SERVE.**

#### PRESBYTERIAN WOMEN'S PROJECTS FOR NOVEMBER

In November and December, PW will be collecting coats, hats and gloves for all ages. We invite you to make an on-line donation for Holiday Meals this year as well. This project will also be our December project. This donation is in lieu of the Turkey Dinner collection.

#### **CIRCLE INFO**

Circles meet on Monday, November 8 unless otherwise noted. For circle membership information, please contact Julie Leon 919-475-0861 or Harriet Worley 919-302-5532.

Circle A: 10:15 a.m., C200; Rep. - Nancy Long

Circle C: 10:00 a.m., K302 & Zoom; Rep. - Paula Williams

Circle D: November 11, 11:00 a.m.; The Cypress, The Ballroom;

Rep. - Ramona Deener

Circle E: 10:00 a.m., K200; Rep. - Nancy Heathcote

Circle F: 9:45 a.m., C304; Reps. - Maggie Black, Ann Lichtmer

Circle G: 10:00 a.m., Zoom Only; Reps. - Louise Hartung, Kathy Auman

Circle I: 10:00 a.m.; Springmoor, South Village, Carolina Room;

Rep. - Susie Jackson

Circle K: November 9, 6:45 p.m., Zoom Only; Rep. - Julia Reeder

Circle L: November 10, 7:00 p.m., W400 & Zoom; Reps. - Kathy Kidd, Jackie Mullin

Circle M: 7:00 a.m., November 9, The Hub & Zoom; Reps. - Susan Allen, Miriam Dorsey

Circle N: November 9, 11:45 a.m., Glenaire Auditorium; Reps. - Kitty Clements, Blanche Nichols

All women of the church are invited to join a circle. Please contact Julie Leon, julieleon@gmail.com 919-475-0861 or Harriet Worley, hfworley@nc.rr.com 919-302-5532 for more information.



# Happy is the one who listens to me, watching daily at my gates, waiting beside my doors. - Proverbs 8:34

THE PRESBYTERIAN WOMEN THANK OFFERING has been collected since 1888, as women of the church have expressed their deep sense of gratitude for God's blessings. This offering is one of Presbyterian Women's two annual offerings. The Thank Offering is collected during November. Thank Offering grants range from \$5,000 to \$50,000, where the Creative Ministries Offering Committee of Presbyterian Women selects projects based on need. The recipients are always a mix of domestic and international projects, but all meet crucial needs. At least 40 percent of this offering funds health ministries, often helping the most marginalized members of God's community.

#### PROJECTS SELECTED IN 2020 INCLUDED THREE IN NORTH CAROLINA

Synod of Living Waters Holston Presbytery

Holston Presbytery Camp and Retreat Center, Inc. Nature Preschool - Banner Elk, NC \$10,000 holstoncenter.org

Synod of Mid-Atlantic Presbytery of Charlotte Cooperative

Christian Ministries Operation Desert Drop - Concord, NC \$12,000 cooperativeministry.com

Synod of Mid-Atlantic Salem Presbytery

Springwood Presbyterian Church Kitchen Renovation - Whitsett, NC \$50,000 springwoodchurch.org

You can find out more about other projects funded this year here.

Women do not have to be engaged with a Circle to make a contribution.

If you would like to make a contribution to the Thank Offering between now and Thanksgiving you may do so at www.whitememorial.org/register (Thank Offering). If you have questions or need more information, your PW Circle Leader has information or you can contact Angela Farthing at angelajim8578@att.net.

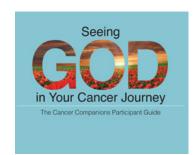


#### **POWERFUL TOOLS** FOR CAREGIVERS

Learn how to handle stress, improve self-confidence, communicate better, improve your ability to make tough decisions, locate helpful resources and more. Powerful Tools for Caregivers is six 90-minute

sessions of practical training that provides caregivers with tools and strategies to better cope with their unique challenges. Class will meet every Monday through November 15 from 6:00-7:30 p.m. in Geneva Hall (K100). Space is limited.

For more information, or to register, contact Lisa Hoskins at The Center for Volunteer Caregiving at 919-460-0567 or lhoskins@ctrolcare.org.



#### CANCER **COMPANIONS**

Cancer Companions continues to meet through November 14 on Sundays at 4:30-6:00 p.m. on Zoom. This class uses Cancer Companions devotionals, videos, and Bible lessons to explore how we can draw

closer to God as we go through difficult times. Questions?

Contact Jean Williams, Parish Nurse at jwilliams@ whitememorial.org or 919-834-3425, ext 234 or Jim Ferry, Parish Associate at jferry@whitememorial.org or 919-834-3425, ext. 208. Registration is required.



#### **CHAIR YOGA**

Chair yoga is a practice of gentle stretches, meditation, and movement with breath. Many postures are beneficial to those who spend time sitting at a desk. This practice does incorporate some standing postures and balance but can be modified to be done entirely in a chair. A mat or towel is optional. 10:00-11:00 a.m. | C200

#### **YIN YOGA**

Yin yoga is a mat class of deep stretches held for long periods to allow connective tissues to release and muscles to relax. It is a meditative, calming practice. Must be able to get on and off the floor. A mat and/or towel is recommended. Wear comfortable clothes that allow for freedom of movement.

11:15 a.m.-noon | C200

Offering a free session on November 3.
Offering 6-week sessions
for both Chair Yoga and/or Yin Yoga:

Wednesday, November 3 - Wednesday, December 15 (NO class Wednesday, November 24; make up day Wednesday, December 22 if needed)

#### Costs for Chair Yoga and/or Yin Yoga:

\$30 per 6- week session (chair) \$25 per 6-week session (yin) \$50 for both classes per 6-week session \$8 drop-in per class

For questions about Yin Yoga or Chair Yoga contact Margie Mould, class instructor at <a href="mmould@bellsouth.net">mmould@bellsouth.net</a>.

#### **T'AI CHI FOR EXERCISE**

T'ai Chi is a gentle art that is physically rewarding and mentally stimulating, and brings a feeling of well-being, as well as relaxation, improved balance, and coordination. Social distancing will be observed. For more information, contact Honey Music at <a href="mailto:honeymusic@gmail.com">honeymusic@gmail.com</a>. Class meets on Mondays through December 20 from 5:30-6:30 p.m. in Pickard Hall. \$64 for an 8-week session or \$8 drop-in per class.

#### **GENTLE YOGA**

Gentle Yoga is designed for aging bodies. Classic poses will be taught with emphasis on alignment to keep our bodies structurally sound. Movement is slow and mindful. Students must be able to get up and down on their mat. A yoga mat and blanket are required. \$8 per class. For more information contact Beth Robinson at <a href="mailto:elizabeth.robinson44@gmail.com">elizabeth.robinson44@gmail.com</a>. 8:30-9:30 a.m.

Zoom | register online at <u>whitememorial.org/register</u> Tuesdays through November 9



Join us on Zoom and in person on Thursday Mornings at 10:45 in Geneva Hall (K100). We are meeting most Thursdays, with the occasional outdoor trip on the third Thursday of the month. Come be a part of Keenagers.

Contact Leigh Ann Dailey at <a href="ldailey@whitememorial.org">ldailey@whitememorial.org</a> to receive the Zoom link. Even if you attend via Zoom, you are invited to pick-up a lunch from Macy. Contact MaryAnne Turner at <a href="maturner2.mat@gmail.com">maturner2.mat@gmail.com</a> or 919-274-3114 to have a take-out tray prepared for pick-up after the meeting.

As Keenagers is a part of the City of Raleigh Parks and Recreation programs, there is an annual membership fee of \$10. You can contact Natalie Tennant at 919-847-9430 to receive registration forms. Or gather in person with us Thursdays and complete the forms. If you write a check, please make the check to White Memorial Presbyterian Church, in the memo line write Keenagers.

#### **NOVEMBER 4**

Ellen Graden

Sharing about United States Committee for Refugees and Immigrants and what WMPC is doing and how you may be able to help.

#### **NOVEMBER 11**

It is Veteran's Day.

Bryan and Aimeé White will share their roots – Louisiana Culture - and perhaps an update on current recovery from Ida.

#### **NOVEMBER 18**

Macy will share cooking tips for the Holidays.

#### **NOVEMBER 25**

No Meeting Happy Thanksgiving!

IN PERSON AND ZOOM



#### PICKLEBALL AT WMPC!

Mondays | 2:00-4:00 p.m. Wednesdays | 6:00-8:00 p.m. Pickard Hall Fun, social and friendly. The rules are simple and the game is easy for beginners to learn. Whether you are new to the

game or an experienced player, come join the fun! Paddles and balls are available for use.

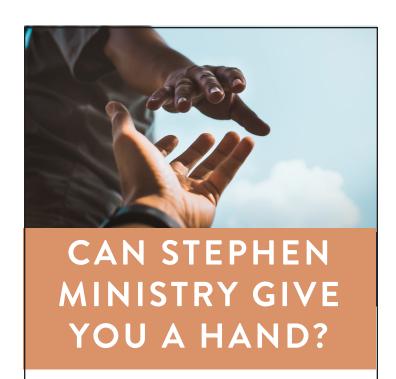


#### THERE'S PIE!

Macy and her team are back with Thanksgiving Pies! This year they will be baking Chocolate Chess Pie, Pumpkin Pie and Pecan Pie. Order yours today! Pies are \$12.00 each and must be ordered

no later than 8 p.m. Sunday, November 14 at <a href="whitememorial.org/register">whitememorial.org/register</a>. You will be able to pick-up your pies on Wednesday, November 17 from 5-6:30 p.m. in Edinburgh at the Colonial Road entrance.





White Memorial has a vibrant Stephen Ministry program and trained Stephen Ministers who would welcome the opportunity to walk with you during a difficult part of your life's journey.

Life experiences such as grief or loss, a personal illness or that of a loved one and relationship issues are just a few examples of times when you could use some additional support. Stephen Ministers are trained to be - and want to be - that Christian companion. Please consider a Stephen Minister as you search for the pieces and peace you need. The relationship and information exchanged is free and confidential, a safe place to say aloud your thoughts and concerns.

To learn how you can receive a Stephen Minister's confidential care, contact Nancy Benninger at <a href="mailto:nmpeterson@gmail.com">nmpeterson@gmail.com</a> or Judy Yates Siker, Parish Associate, at <a href="mailto:jsiker@whitememorial.org">jsiker@whitememorial.org</a>.

"Bear one another's burdens, and in this way you will fulfill the law of Christ."
- Galatians 6:2



### NAMI: NATIONAL ALLIANCE ON MENTAL ILLNESS

NAMI Basics | NAMI Peer-to-Peer NAMI Family-to-Family

NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI works to educate, advocate, listen and lead to improve the lives of people with mental illness and their loved ones. If you or someone you know is struggling, you are not alone. Visit <a href="https://nami-wake.org/">https://nami-wake.org/</a> or call 919-848-4490 for more information on support groups and educational resources.

#### **HEALING PRAYER**

Healing Prayer is an intensive form of intercessory prayer focusing on an individual's mental, emotional, physical and spiritual needs to provide a sense of balance and facilitate self-healing. Healing Prayer sessions are usually 20 to 30 minutes. If you are interested in experiencing a healing prayer session by appointment via Zoom now through December 22, please contact Mary Ann Turner at 919-833-2475 or maturner2.mat@gmail.com.



#### ANXIETY, DEPRESSION + SUPPORT

The Mental Health and Wellness Ministry is proud to announce the start of a new support group this fall. The Anxiety, Depression + Support Group is

open to anyone who is experiencing mental health challenges and seeking a community of support. The group meets every other Thursday evening from 7:00 - 8:30 p.m. in Room C301. (In November, this group will only meet once on November 11.) If you are experiencing mental health challenges, you are not alone. We are excited to offer this opportunity to our congregation and beyond. If you would like to learn more, please contact <u>Cate Church Norman</u>.

**PARENT RESOURCE** As we get back to school, are you looking for a way to help the children in your life cope with stress, anxiety, and uncertainty? Check out the articles in the September 21 edition of the Poe Center newsletter. The Poe Center is a nonprofit organization dedicated to educating and empowering North Carolina children, youth and their families to make choices that increase positive health behaviors.



#### HEALING THROUGH GRIEF

Sundays | November 14-December 19 3:00-4:30 p.m. | Zoom | Registration required Led by Cate Church Norman & Jim Ferry

Grief touches us all at some point in our lives. No one ever has to feel alone during this difficult time. Whether you have suffered the recent loss of a loved one or are struggling with a loss in the past, you are invited to come together in November for a series of five sessions to help you along your journey of grief.

Each session explores different aspects of grief: from acceptance of your loss and working through its pain, to adjusting to a new way of being while honoring a very significant relationship in your life. Each session builds upon the other, so attendance is encouraged at each session. This class is led by Associate Pastor Cate Church Norman and Parish Associate Jim Ferry and will meet on Sundays, 3-4:30 p.m. from November 14-December 19. This class will be held virtually via Zoom, and space is limited. Once you register a link will be sent to you.

www.whitememorial.org/register

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### WE ARE ALMOST TO OUR GOAL!

Thank you! Because of WMPC members' generosity, we have raised \$67,877 toward our goal of \$100,000 by the end of 2021. These dollars will help fund

much-needed renovations at TLC (Tammy Lynn Center). We are fortunate to have TLC in Raleigh, as they provide life-changing services for members of our community who would otherwise be forced to move outside of our area to find care for their loved ones.

Please join us in this effort by making a donation today.

#### UNIDENTIFIED STOCK

Will the generous donors Microsoft Corp, Welbilt Inc., TJX Cos Inc., and Ishares Russell 1000 Growth stocks please call Jody Grayson at 919-834-3425 ext. 204 to identify your gift so that we can give you proper credit.

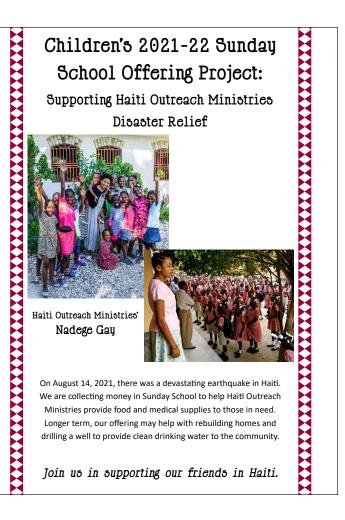
Would the generous donor of Fidelity Index Funds please contact Jody Grayson ASAP at 919-834-3424 x204.

#### **GIFTING APPRECIATED**

Gifting appreciated stock is a great way to make your contributions to the church. If you are gifting stock as part of your contributions to the church, please write, email or phone Jody Grayson when you make the transfer so we can comply with your instructions and give you credit for your gift. We need to know the brokerage firm you are using, the number of shares, the name of the stock, and how you would like your gift allocated.

#### YEAR END CONTRIBUTIONS

Please note that all year-end contributions must be received in the Finance Office by 5:00 p.m. on December 31, 2021 or postmarked by December 31, 2020 to be claimed as a 2021 donation.





#### PLANNED GIVING SEMINAR

Planned giving is more than raising money for White Memorial's future needs. It allows church members to establish their own legacy to support the ministries and witness of Jesus Christ. Please join us in learning about the best ways to plan for your future and the future needs of the church on Wednesday, November 3 at 6:00 p.m. in C204 . The WMPC Foundation is hosting this event and registration is required.



#### 75th Celebration Continues



### Support our Youth

Commemorative ornament & notecards are available for you and everyone on your gift list! \$20 each | purchase online or in person

Online: In person:

whitememorial.org/register

Look for the Youth Banners in

Carol Copeland or Oberlin Road Courtyards November 7, 14, 21 and December 5, 12

10:30 - 11:00 a.m.

We will also be on The Point prior to the Joy Gift Service on December 5 at 5:00 p.m.

Online sales begin November 1, 2021

#### whitememorial.org/register



### December 5 | 5:30 p.m. **SANCTUARY**

A WMPC family worship tradition.

During the Joy Gift Service, the Christmas Story will unfold through lessons and carols. Children, ages four through 5th grade will come forward to the WMPC Christmas tree with ornaments that were made in Sunday School and can place under the tree their gift of an unwrapped new toy or food for families during the offertory.

Music will be led by the White Memorial Youth Choir and Youth Worship Band. Childcare is provided for children three and younger, beginning at 5:15 p.m.



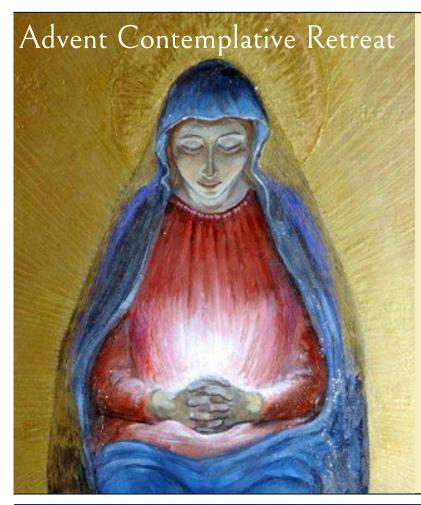
### CHILDREN'S MOVIE NIGHT SAVE THE DATE

Children
Kindergarten-5th
grade are invited to
watch The Grinch
(new animated
version) on Friday
December 3 from

6:15 - 8:00 p.m. You must pre-register at <a href="https://www.whitememorial.org/register">www.whitememorial.org/register</a>. Questions? Contact Tonya Higgins at <a href="mailto:thiggins@whitememorial.org">thiggins@whitememorial.org</a>.

#### SAVE THE DATE! VBS 2022!

It's not to soon to mark your calendars for Vacation Bible School 2022! Monday, June 13 - Friday, June 17, 2022. See you then. Questions? Contact Lynn Springfield at <a href="mailto:lspringfield@whitememorial.org">lspringfield@whitememorial.org</a> or 2022 VBS Directors Eleanor Scott Davis, <a href="mailto:esbdavis@gmail.com">esbdavis@gmail.com</a>, or Bonnie Stabler, <a href="mailto:bonniestabler@gmail.com">bonniestabler@gmail.com</a>.



# PONDER<sub>THESE</sub> THINGS

NOVEMBER 18 | 9 A.M. - 4 P.M. ZOOM | REGISTRATION REQUIRED

Please join Associate Pastor Cate Church Norman and Pastoral Resident Anne Galliher for an all-day virtual retreat as we seek to get ready for the Advent season. We'll spend time in scripture, prayer, silence and engaging in spiritual practices. This event will be held on Zoom with limited space, so register early. The cost is \$15 which includes an Advent bag with items to be used in the retreat. Scholarships are available if needed.

Register at <a href="www.whitememorial.org/register">www.whitememorial.org/register</a>.

Registration ends November 11.

Contact Amy Claprood with any questions at 919-834-3425 extension 210 or aclaprood@whitememorial.org with questions.





Many families have been affected by the pandemic. Families that were already struggling have been especially vulnerable. StepUp families are working to change their lives and improve their financial stability. If you would be willing to help one of these families during the holiday season please contact Colisha Stanford at 919-418-9933 or <a href="mailto:cstanford@stepupministry.org">cstanford@stepupministry.org</a>. She will be able to give you details and deadlines. This is a great way to make a difference during challenging times.

#### **HOLIDAY MEALS FOR FAMILIES**

If you want to help with Thanksgiving/Christmas meals please send a check to the church designated for holiday meals by December 3, so we can make sure that we have time to get a check to agencies offering meals. You can also give online at <a href="https://whitememorial.org/register">whitememorial.org/register</a>. (Holiday Meals)

#### INTERACT OF WAKE COUNTY HOLIDAY BAZAAR

InterAct of Wake County, an agency working with families and individuals effected by domestic violence and assault, is seeking help for 150 families. If you have questions please go to <a href="holidaybazaar@interactofwake.org">holidaybazaar@interactofwake.org</a>.

#### **COAT AND GLOVES/HATS/SCARVES COLLECTION**

Now is the time to get ready for cold weather by donating all sizes coats, gloves, hats and scarves. These will go to our agencies that work with those who are homeless, families in crisis, and other vulnerable populations. They can be dropped off in the red bins outside in front of the Witherspoon Building.

#### AGENCY WISH LISTS AND VOLUNTEER OPPORTUNITIES

We work with many agencies that have wish lists that are general needs and many have holiday specific needs. Please check out their websites, and many times the items can be sent directly to them which is great for no contact and your convenience. Please do this early as many are making plans now for their clients and will need to know how to plan. You may also find ways that you can volunteer on a limited basis and later on a more permanent basis. Their new guidelines and needs can update often, so please keep checking the agencies that align with your community interest.

Questions? Contact Gloria Johnson at gjohnson@whitememorial.org

# THE CHURCH HAS LEFT THE BUILDING

Thank you to everyone who helped at Habitat, Note in the Pocket and Oak City Cares in September and October. We've enjoyed getting to know the agencies we support by

THERE ARE STILL OPPORTUNITIES TO HELP SERVE AND WE'D LOVE TO HAVE YOU serving along side them as we serve our community. JOIN US AS WE CONTINUE TO SUPPORT AFFORDABLE HOUSING EFFORTS.

Reserve your spot and let's take our church on the road!



#### **NOVEMBER CHURCHWIDE** COLLECTION **COAT AND**

#### GLOVES/ HATS/SCARVES COLLECTION

Now is the time to get ready for cold weather by donating all sizes coats, gloves, hats and scarves. These will go to our agencies that work with those who are homeless, families in crisis, and other vulnerable populations. They can be dropped off in the red bins in front the Witherspoon Building.

#### OAK CITY CARES contact Debbie Fox

### debfox@bellsouth.net

Oak City Cares is a hub for connecting individuals and families, who are at risk of, or are experiencing homelessness, to coordinated services that create a path to stable housing and renewed hope. OCC staff coordinates services offered by human service professionals, medical providers, and other specialists from multiple partners at one location to reduce the frustration of accessing multiple services and to decrease the odds that the family or individual experiences long term homelessness.

Join us to host weekend meals at the center:

Sunday, November 14 12:30-3:30 p.m.

### HABITAT FOR HUMANITY

contact Eric Miller

### eric\_miller@ncsu.edu

Habitat for Humanity is a nonprofit organization that helps families build and improve places to call home. Habitat addresses homelessness by building believing that affordable housing plays a critical role in strong and stable communities.

Join us to support current Habitat projects. You may work all or any part of the day:

November 6 workers to build and a group to provide lunch

December 4 workers to build

### NOTE IN THE POCKET

contact Ruth Landers ruth@landers.me

Note in the Pocket provides clothing to impoverished and homeless schoolchildren in Wake County with dignity and love. They believe that it is unacceptable for children to be limited in their educational and social development because they do not have appropriate clothes for school. Our church volunteer group will help to sort, quality check, size, and fold clothing donations received from the community:

Thursday, November 18 1:00-4:00 p.m.

### **Reserve your spot and** let's take our church on the road!



### Alternative Giving That Meets the Need

Christmas Share, an alternative giving program, has put over one million dollars in our community and international partnerships. Started almost 30 years ago by Presbyterian Women, it continues to be an important Christmas outreach opportunity. The program will be available starting November 1, 2021. One check is sent to each agency for the total amounts contributed.

NAME			

### **CHRISTMAS SHARE 2021**

- If you would like to donate online go to www.whitememorial.org/ register. If you would like cards or would like to designate your donation contact Gloria Johnson at gjohnson@whitememorial.org.
- 2. You can mail in the designation form (found online and in newsletter) with a check to WMPC, Attn: Gloria Johnson and cards can be left in front of Witherspoon for pick-up.
- **3.** Stop by Gloria Johnson's office (W301) Monday-Friday, 9-5
- **4.** During Advent, a table will be set up on Sunday mornings from 9:00-11:00 a.m. in The Connector to make donations and get cards.

If you have any questions contact Chair, Kathy Hilands at khilands@ comcast.net or Gloria Johnson at gjohnson@whitememorial.org

Inte	national Mission (IM)	 Habitat of Humanity
	Distribute where needed for IM	of Wake County
	Haiti: Ministries	 Haven House
	Student Sponsorships	 Healing Transitions
	Russia: Partner church in	 Helene Foundation
	Smolensk	 Interact
	Poland: Scholarships for	 InterFaith Food Shuttle
	seminary students	 Life Experiences
	Middle East Partnerships	 Loaves and Fishes
	Santuario Hispanic Fellowship	 Meals on Wheels
		 National Alliance for Mental
Com	munity Ministry (CM)	Illness (NAMI Wake County)
	Distribute where needed for CM	 NC Reading Service
	321 Coffee	 Neighbor 2 Neighbor
	A Place At The Table	 Note in the Pocket
	Alliance Medical Ministry	 Oak City Cares
	Autism Society of North Carolina	 SAFEchild
	Boys and Girls Clubs	 Saint Saviour's Center
	Communities in Schools of	 Shepherd's Table Soup Kitchen
	Wake County - Mayview	 StepUp Ministry
	Learning Center	 TLC (Tammy Lynn Center)
	Community Music School	 Transitions Life Care (Hospice)
	Emmaus House	 Triangle Family Services
	F.I.G.S.	 Triangle Pastoral Counseling, Inc.
	Food Bank of Central	 Urban Ministries of Wake County
	and Eastern NC	 Wake Relief
	GiGi's Playhouse of Raleigh	 Wake Smiles
	Glenaire Scholarship Fund	 Wheels4Hope
	Green Chair Project	YMCA Raleigh

# WMPC'S CHANCEL GLORIFICATION GUILD: A MINISTRY THAT NEEDS YOUR HELP TO BLOOM!



#### TO PROPERLY PLAN FOR ADVENT/CHRISTMAS WE NEED YOUR MEMORIALS AND HONORARIA IN ADVANCE.

Due to the pandemic over the past year and a half, all reserves for this ministry have been depleted. With the addition of Main Hall, our resources to visually enhance all our worship spaces are increasingly stretched. We hope you will consider a contribution to the fund that will enable us to:

- provide greenery and arrangements for Advent/Christmas in the Sanctuary, Main Hall and the Chapel; and
- provide floral and visual arts displays on other Sundays during the year.

Over the past few years, the former Flower Guild has increased its activities and its creativity to include visual displays for worship services that incorporate dried material, vegetables representing harvest, art objects, fabrics, and more. Their new name, *Chancel Glorification Guild*, is more inclusive of their artistic and inspirational expressions that blend diverse materials. We now have *three* worship spaces: the new Main Hall in the Edinburgh Building; the Sanctuary; and the Chapel. While each space differs in architectural style, each has a "chancel" where four key symbols are represented: a pulpit (Word), a table and font (Sacraments), and a cross (resurrection). Our Chancel Glorification Guild works

behind the scenes to adorn these spaces, that is to enhance our worship experience and to bring glory to God.

Contributions in memory of a loved one or in honor of a family member, friend, or member of the church family are welcomed. Contributions may be for any amount; suggested gift is \$25 or more. All those honored or memorialized will be listed in the bulletin inserts on December 19 and Christmas Eve services.

Use the form below to list who is being memorialized or honored and who is making the gift. Gifts are encouraged in early November so that greenery and materials can be ordered. However, requests may be made through noon on **Monday**, **November 29**. Send your contribution to Rebecca Turner, and call her at 919-834-3425, ext. 222, with questions.

The guild has annually requested donations at Advent/Christmas and Lent/Easter each year to help with seasonal displays and at other times. Gifts to provide an arrangement for either the Sanctuary or Main Hall on a specific Sunday are welcomed throughout the year. Examples might be, to remember a loved one, to commemorate an anniversary, or to celebrate a baptism, graduation, wedding, or other milestone.

### ADVENT/CHRISTMAS GREENERY MEMORIALS AND HONORARIA PLEASE PRINT.

**DEADLINE: Noon on Monday, November 29** 

Name of Donor:	Phone:
Given: in honor of or	in memory of (first and last names only — no titles, please)
Name:	
Name:	
Amount of donation:	

# Welcome to WMPC!

Believing & Belonging @WMPC Class October 3, 2021



#### MARISSA AND RYAN MILEWSKI

Marissa joins by certificate of transfer from West End Presbyterian Church, West End, NC and Ryan joins by transfer from St Anthony of Padua Catholic Church, Southern Pines, NC. Marissa and Ryan have two sons, McCalvey who is 4 years old and Dalton who is one.



#### STELLA AND JOHN TESTERMAN

Stella joins by profession of faith and baptism and John joins by reaffirmation of faith. Their daughter, Betsy is eleven months old.



#### **BESS AND JIM TREADWELL**

Bess and Jim join by certificate of transfer from First Presbyterian Church, Brandon, FL.

OUR NEXT CLASS IS SCHEDULED FOR SUNDAY, NOVEMBER 14 AND JOINING SUNDAY, NOVEMBER 21, 2021. FOR MORE INFORMATION CONTACT ELIZABETH VIOHL AT 919-834-3425, EXT. 206 OR EVIOHL@WHITEMEMORIAL.ORG.