

August Updates from WMPC

As summer rolls on, we begin to look to fall. As I write this, our ReOpening Task Group and Session are preparing to meet early this month to review our plans for ministry at WMPC as it pertains to the coming weeks. We will keep you informed via the website, our Thursday emails, and congregational mailings. In the meantime, our summer worship schedule (and holiday schedule for September 5) will continue until September 12, when we will resume our more typical Sunday schedule for worship at 8:00, 9:30, and 11:00 a.m. Many small groups have returned to campus, including some with meals. We also are gearing up for Vacation Bible School this month. While we know that not everyone is eligible for COVID vaccines, I want to encourage you to get vaccinated if you can and continue to be “mask-aware” out in public and on our campus. Please pray for our church leaders as we seek God’s wisdom in navigating our rapidly changing and ever-fluctuating COVID realities.

Note the following dates and announcements:

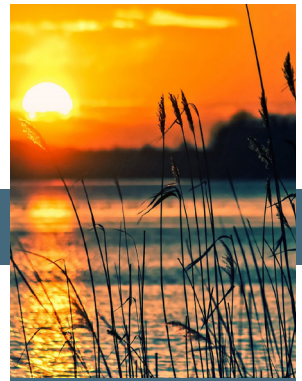
- **September 12** – will be fall “kick-off” Sunday with Sunday School and our more typical worship schedule returning. As always, **worship services will continue to be streamed** for those wishing to worship at home.
- **September 19** – will be our 75th Anniversary picnic and dedication of the Edinburgh Building and renovated spaces. Details about the picnic and how to register can be found on page 4 of this newsletter. You can still support the *Imagine Campaign* by choosing to dedicate a chair as a memorial or honorarium. See the church website for more details. As September approaches, look for installations around campus celebrating our 75 years – from the light poles on McDonald Lane to a timeline in the Connector to other exhibits in the Jane Bell Gathering Space.
- **Anne Galliher**, our Pastoral Resident, has agreed to remain with us at WMPC for an additional year. We are very excited about her decision and grateful that she will continue to share her wonderful pastoral gifts with us for a third year. When you see her, be sure to congratulate her and thank her for being part of our ministry team.
- **Major Mission** with Tammy Lynn Center (or TLC) continues into the fall. This is a wonderful opportunity to support one of the most vital efforts in our community to care for the most vulnerable among us. You can learn more about TLC on our church website and help be a part of the resumption of Major Mission at WMPC.

Finally, a personal word of thanks to all of you who reached out to me and our family following the death of my 97-year-old grandmother, Ruby. Your kindness through personal notes, posts, and emails was truly touching. I continue to be grateful for each of you and for the ministry we share. Next month will mark 10 years of ministry for me at WMPC. I pray God’s blessings upon the next chapters in what has been a remarkable pastoral journey with you all.

May grace abound,



Christopher Edmonston, *Pastor*



SUNDAY SUMMER WORSHIP TIMES

8:30 a.m.
10:30 a.m.
In Person Worship
in Sanctuary

Live Stream and
Facebook Live

OnPoint@1704
10:30 a.m.
In Person Worship
in the Main Hall
Live Stream

Virtual Adult
Sunday School
9:30 a.m.

Nursery
8:15 -11:45 a.m.
Infants (L103)
through four-year
olds (L102)

Church Office
Telephone Number:
919-834-3424

Pastor-On-Call
Telephone Number:
919-605-4593



text: wmpc app to 77977
to download app

whitememorial.org

Jays & CONCERNS

IN THE CHURCH TRIUMPHANT

Faye Nye Ostrom – June 10, 2021

William James "Jim" Monroe, Jr. – June 30, 2021

Sarah Manning Pope – July 8, 2021

WMPC family members: son and daughter-in-law, Jack and Jennifer Brinson and grandchildren Sarah Brinson, Kate Brinson, Jackson Queen and Charlie Queen.

Carolyn Davis Andrews – July 9, 2021

Donna Kurtz Harris – July 13, 2021

WMPC family member: husband, Larry Harris.

Louise "Lou" Moore Bryan – July 20, 2021

WMPC family members: husband, Charlie Bryan; and son, daughter-in-law and grandson, Bill, Andrea and William Bryan.

PRAYERS AND CHRISTIAN CONCERNS TO

Wade, Kelly, Jackson and Elizabeth Monroe, on the death of Wade's uncle, Emery Dameron, June 26, Birmingham, AL.

Staff member, Alex Guevara, on the death of his mother, Juanita T. Guevara, July 1, Ft. Wayne IN.

Carl and Susan Hibbert, Carl Hibbert Jr., and Madeleine Roberts, on the death of Carl's brother, George Wilfrid Hibbert III, July 7, Atlanta, GA.

Christopher, Colleen, Patrick, Gabe and Amelia Edmonston, on the death of Christopher's grandmother, Ruby G. Argrave Edmonston, July 18, Gonzales, LA.

Mary Ann Turner and Rachel Turner, on the death of Mary Ann's uncle, Walter Bryan Turner, July 28, Durham, NC.

NEW PRESBYTERIANS

Bruce Edward Bryan, born April 1, child of Sydney and Bryon Bryan.

Grace Deyton Baker, born June 25, child of Catherine and Jim Baker, grandchild of Melinda and Paul Fox.

Caroline Shek Bowman, born July 4, child of Marianne and Andrew Bowman, grandchild of Daryl and Susan Bowman.

Margaret Hadley Davis Cromer, born July 4, child of Julia Davis and Carlyle Cromer, Tallahassee, FL, grandchild of Dee and Tom Davis.

BAPTIZED

July 4 – Charles David Boerner, child of Mary Ward and Chris Boerner, grandchild of Carolyn and Charles Younger.

July 4 – Giada Scotlyn Vallecorsa, child of Jessica and Kevin Vallecorsa.

July 11 – Kennedy Kathryn Black, child of Julia and Stephen Black.

July 11 – Julia Anne Phoenix, child of Kelly and Bob Phoenix, grandchild of Tricia and Stuart Phoenix.

July 18 – Amelia Anne MacBain, child of Lauren and Taylor MacBain.

July 18 – Ava Ermina Mineo, child of Azra and Robert Mineo.

July 25 – Camden Lynwood Dunn, child of Kaitlyn and Bradley Dunn, grandchild of Susan and Andy Morison.

CONGRATULATIONS TO

Mary and Jack Clayton on the birth of grandchild, Mary Katherine Clayton, born June 3, to Katie and Zach Clayton, Raleigh, NC.

Gloria and Jerry Johnson, on the birth of grandchild, Stella Lacy Johnson, born July 22, to Gabby and Kyle Johnson, Raleigh, NC.

If you have experienced a birth, marriage or death you want to share with the church, email Rebecca Turner at rturner@whitememorial.org.

If you have a relative or church friend who is hospitalized, call the church office or email Amy Claprod at aclaprod@whitememorial.org so our pastoral staff can reach out. If you have a pastoral care need outside of regular business hours, call our after hours pastor on call at 919-605-4593.

noteworthy

SAVE THE DATES

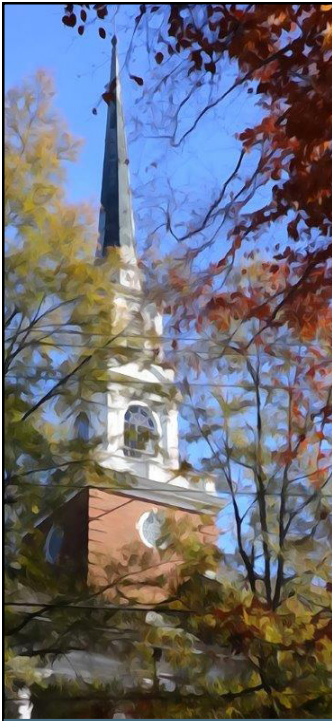
Sunday, September 12, Kick-off Sunday

Sunday, September 19, Celebration of our 75th Anniversary and dedication of Edinburgh Building, BBQ, games and much more. RSVP required!

NURSERY IS OPEN ON SUNDAY MORNINGS

We have two nurseries open on Sunday mornings from 8:15 a.m. - 11:45 a.m. (summer hours) for infants (room L103) through four-year-olds (L102).

YOU CAN FIND THE LATEST WORSHIP, HOSPITALITY AND SUNDAY SCHOOL REOPENING UPDATES ON THE HOMEPAGE OF OUR WEBSITE. Throughout this newsletter you will see numerous events that require registration. Most registrations can be found on our website: www.whitememorial.org/register



INTERESTED IN MEMBERSHIP AT WHITE MEMORIAL?

JOIN US!

The next *Believing & Belonging @WMPC* Class for new and prospective members will meet in person on Sunday, September 26 and join on Sunday, October 3.

REGISTER BY AUGUST 30
WWW.WHITEMEMORIAL.ORG/REGISTER

PRESBYTERIAN WOMEN STUDY GUIDES

If you haven't already, you may pre-order your study guide online with a credit card at whitememorial.org/register or bring/send a check to the church. Please make all checks payable to WMPC and to the attention of Tonya Higgins. Books are \$10 or \$15 for large print. Deadline for ordering is Thursday, August 26.



PRESBYTERIAN WOMEN 2021-2022 HORIZON BIBLE STUDY SATURDAY MORNING RETREAT

On Saturday morning September 11, 2021, all women are invited to a retreat focusing on the 2021-2022 Horizon Study, "*What My Grandmothers Taught Me.*"

The retreat will be at WMPC, Pickard Hall from 9:00 a.m. - noon and is led by our very own Parish Associate Rev. Judy Yates Siker, author of the 2016 Horizon Study "*Who is Jesus - What a Difference a Lens Makes.*"

We hope you'll join us for this wonderful study and time to reconnect with friends and pick up some great Bible study aides for circles.

There is no charge for the retreat, but pre-registration is required: whitememorial.org/register.

If you have any questions please contact Gloria Johnson at gjohnson@whitememorial.org.



Memorial Day Weekend - Labor Day Weekend

AUGUST 1, 8, 15, 22, 29

8:30 a.m. & 10:30 a.m. | Sanctuary
10:30 a.m. | Main Hall | OnPoint@1704

SUNDAY, SEPTEMBER 5 COMBINED HOLIDAY WORSHIP SCHEDULE

8:30 a.m. & 10:30 a.m. | Main Hall



AUGUST 29 FIFTH SUNDAY HUNGER OFFERING

The collection offering on Sunday, August 29 will help provide grants to hunger agencies in our Presbytery and is one way to make a difference in the lives of those who struggle with food insecurity.

75TH ANNIVERSARY CELEBRATION

SAVE THE DATE!



WMPC 75th Anniversary Celebration
& Dedication of the Edinburgh Building

Sunday | September 19 | 2021
after 11:00 a.m. worship services

BBQ, live music, games,
children's activities, fellowship
and much, much more!

RSVP to whitememorial.org/register

To the glory...



The Flower Guild of White Memorial invites members to dedicate flowers for Sunday worship in celebration of a baptism, birthday or anniversary; in thanksgiving for or in memory of someone special; or just because you enjoy the flowers.

To make a floral contribution, contact Rebecca Turner at rturner@whitememorial.org or 919-834-3425, ext. 222 to coordinate available dates. Rebecca can also provide a list of recommended florists familiar with our Sanctuary.

The deadline for requesting flowers and publication of the dedication in the bulletin is noon two weeks preceding the Sunday being requested.

Thank you to all who support our Flower Guild ministry.

NURSERY AND NEWBORN COORDINATOR

White Memorial Presbyterian Church is pleased to announce the search for a Nursery and Newborn Coordinator. The Coordinator of Nursery and Newborn Ministries helps create a safe and welcoming environment in the Nursery, oversees the work of the Nursery Staff and volunteers, and coordinates ministry to families with newborns. If interested, please submit your resume with a cover letter to [Jennifer Eastman](mailto:Jennifer.Eastman@whitememorial.org).

WOULD YOU LOVE TO WORK IN OUR NURSERY ON SUNDAYS?

We're looking for a few volunteers to help in our Nursery on Sundays beginning in September. Time commitment is one Sunday morning per month. Contact Jennifer Eastman, Director of Young Children's Ministry, jeastman@whitememorial.org for more information.

WMPC STROLLER GROUP

The WMPC Stroller Group is for parents of young children. We gather for strolls around the neighborhood and playdates at the playground. This is a great way to connect and fellowship with other parents of little ones! If you're interested in participating, please email Abby Timmerman ambreaux@ncsu.edu. All are welcome!



STEPUP GREETERS NEEDED!

StepUp is looking for smiling faces to welcome participants and volunteers as they attend Step 2 classes on Tuesday nights! Duties include greeting participants, offering hand sanitizer and masks, answering questions and offering assistance with navigating the church grounds. All volunteers will also enjoy a meal and get to know the StepUp community!

About StepUp: Step 2 is a community program centered around supporting families in all walks of life. StepUp serves children ages 6 weeks to 21 years of age, singles, and entire multi-generational families. In Step 2, we offer classes like needs vs. wants, relationship building, budgeting and even networking. The children in Step 2 learn similar concepts as the adults who are enrolled, but on an age appropriate level. This is all done with the support of the StepUp staff and the encouragement of other community volunteers who attend class with enrolled families.

Timing: Starting September 14 from 5:15-6:45 p.m. for six sessions. The proposed dates are Tuesdays-September 14, 21, 28 and October 5, 12, 19. If volunteers are unavailable for any of the proposed dates, but still interested in taking part as a greeter, please contact Dayna Jameson, Volunteer Recruiter at djameson@stepupministry.org to discuss scheduling.

Location: White Memorial Presbyterian Church

Training: Training will be provided by StepUp prior to start date.



Summer fun with *Keenagers*

If you are 55 years old +, we invite you to join Keenagers this summer. No dues or membership information is required at this time. If you would like to know more (or receive Zoom information), please contact Leigh Ann Dailey at ldailey@whitememorial.org.

AUGUST 5

10:00 a.m.

Social Connection over Zoom

AUGUST 19

Our last summer outing. North Hills Park for a picnic as our summer wrap-up.

SEE YOU ON ZOOM & LUNCH!

CLOTHING CLOSET RE-OPENS SEPTEMBER 1!

What is the Clothing Closet? Located on the first floor of the Witherspoon Building, it is a place members can bring clean and gently used women's, men's and children's clothing, socks and shoes/handbags. The clothing is picked up by our partner agencies. They also accept bed linens and towels. Please do not bring housewares or other items as there is no way for them to be distributed.

When is the Clothing Closet open? It is open the first and third Wednesdays each month from 8:00am-5:30pm. Please do not drop items off at other times as there is no one to accept them.

Are there volunteer opportunities? Yes! Shifts are two hours once a month. Please contact Paula Williams at rw78243@mindspring.com. This is a wonderful way to meet other volunteers and the members who bring in donations.

MEN'S BREAKFAST & BIBLE STUDY

**In person & Zoom | [Registration required for both](#)
Breakfast Line 7:00 a.m. | Bible Study 7:30 a.m.**

Men of all ages are invited to enjoy fellowship and Bible study (either in person or via Zoom.) The preaching pastor of the week leads a short Bible study related to the upcoming Sunday sermon. Bible study, breakfast (bring your own) and prayer conclude around 8:00 a.m. each week. Contact for the group is Don Thompson, dthomps1@ncsu.edu.

WMPC CHAIR CAMPAIGN
EDINBURGH BUILDING

imagine

THIS SEAT IS FOR YOU.

As we conclude the *Imagine Campaign*, we invite you to purchase a chair in honor of or in memory of someone.

The Main Hall is the epicenter of our new building. Here, families will gather to worship, concerts and events will be held, meals will be served, and fellowship will abound for generations to come. While the chairs themselves will not be inscribed, the names of those recognized will be acknowledged.

This is an excellent opportunity to participate in the *Imagine Campaign* if you have not done so. Chairs may be purchased for \$500 each.

www.whitememorial.org/register



SCAN ME



THE LITURGICAL ARTS GUILD PRESENTS: The art of WMPC member Shirley Usry

Recently, the Liturgical Arts Guild offered an open invitation for members to showcase their artistic talents. Over the summer we will be sharing some of their submitted features. We hope you enjoy them as much as we do.

A look into Shirley's Inspiration & Art

"I was born in the Great Smoky Mountains and watched my mother, grandmother and aunts work on "utility" quilts in the winter months when I was too young to help. They used what they had and made quilts to keep us warm in houses without central heat. The patterns and accidental color pairings fascinated me and I wanted to see quilts that were planned and color-coordinated. Being retired and an empty nester has allowed me to do that. I try to be somewhat practical and use things I have, but sometimes I indulge myself with a splurge on yardage of what I like. I rarely do anything more than once. Color is everything!" - Shirley Usry

Do you have an artistic talent you'd like to share with the congregation? Whatever your medium we'd love to see. Please send photo(s) of your work to Associate Director of Music and Worship Arts Eric Nanz at enanz@whitememorial.org.



GREATEST GENERATION

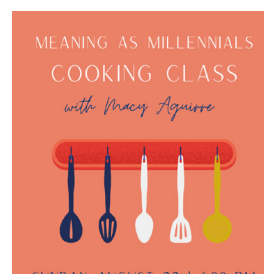
The Greatest Generation is meeting in-person on Sundays! This loving and faithful community of senior adults uses the quarterly resource, *The Present Word*, which explores biblical text. A rotating group of class members moderate the class each week. This class meets at 9:30 a.m. on Sunday mornings in W400. New members are always welcome.

PEACE AFTER DIVORCE: A WORKSHOP

The painful reality of separation and divorce can be devastating, but it does not have to define us. Join us for this six-week workshop as together we discover God's healing power and grace in our journey back to fullness of life. The class will meet on Wednesdays, September 22-October 27 from 7-8:00 p.m. in K200. [Registration is required.](#)

MEANING AS MILLENNIALS + 20s@WMPC

Meaning as Millennials and 20s@WMPC are teaming up and spending the summer discussing the book *Lies My Preacher Told Me* by Brent Strawn. Reading along is encouraged, but not required to participate in the conversation. Whether you have been to one of these groups before, or you are joining for the first time, you are welcome and invited! We meet Tuesday evenings at 7:00 p.m. on Zoom for fellowship and engaging conversation. Stay tuned for other in-person social opportunities! If you have any questions or want to learn more, please contact Pastoral Resident Anne Galliher at agalliher@whitememorial.org



MEANING AS MILLENNIALS - AUGUST SOCIAL

For our August social, we are heading into the kitchen with WMPC's very own Macy Aguirre! Together we'll cook a delicious meal and explore the spiritual practices of hospitality and celebration while gathered around the table. Save the date (Sunday,

August 22, 6pm) and stay tuned for more details. If you'd like to join us, email Anne Galliher at agalliher@whitememorial.org. No special cooking experience or skills are necessary!

NAMI: NATIONAL ALLIANCE ON MENTAL ILLNESS

NAMI Basics | NAMI Peer-to-Peer
NAMI Family-to-Family

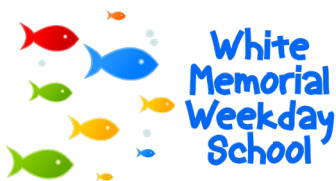
NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI works to educate, advocate, listen and lead to improve the lives of people with mental illness and their loved ones. If you or someone you know is struggling, you are not alone. Visit <https://nami-wake.org/> or call 919-848-4490 for more information on support groups and educational resources.

SHIIP: SENIOR HEALTH INSURANCE INFORMATION PROGRAM

Health Ministry is pleased to offer this presentation on Medicare 101. When you enroll in Medicare, you have some choices to make, and this can be puzzling. SHIIP can help you get started understanding parts A, B, D, Medicare supplement or Advantage plans, and annual open enrollment dates for making changes to your plans. This information will help you navigate what can be a confusing process.

Registration required at whitememorial.org/register.

1:00-2:00 p.m. | K100 (Small Dining) | Thursday, September 23



THE WEEKDAY SCHOOL IS HIRING!

The Weekday School is looking for lead and assistant teachers to work between two and five mornings each week during the 2021-2022 school year. If you

love children and want to work in a fun, exciting community, please contact Cynthia Baggett at cbaggett@whitememorial.org.

A/V VOLUNTEERS NEEDED!

Have you ever wanted to learn video, sound or lighting? We're looking for volunteers to help us stream sanctuary and OnPoint@1704 worship services. Experienced? Great. No Experience? No problem. We'll train. High schoolers are welcome to explore this opportunity. Check with your school to see if this qualifies for service hours. Contact Parker Gagnier at pgagnier@whitememorial.org for more information.



IS LIFE A STRUGGLE RIGHT NOW?

Do you feel like part of your life is a continual challenge, filled with one problem after another?

Or maybe one problem is taking over your life? Would someone to walk with you on your journey to provide companionship and support be helpful? Stephen Ministers are trained to be and want to be that Christian companion.

Please consider a Stephen Minister as you search for the pieces and peace you need. The relationship and information exchanged is free and confidential, a safe place to say aloud your thoughts and concerns.

To learn how you can receive a Stephen Minister's confidential care, contact Nancy Benninger at nmpeterson@gmail.com or Cate Church Norman, Associate Pastor for Pastoral Care at cchurchnorman@whitememorial.org.

"Bear one another's burdens, and in this way you will fulfill the law of Christ."

- Galatians 6:2



stephen
MINISTRY

SPAGHETTI SUPPER COMING SOON!

On Wednesday, September 8 we are hopeful that we will resume fellowship and friendships through Spaghetti Supper. Stay tuned for updates.

2021-2022 CONFIRMATION CLASS

REGISTRATION NOW OPEN

Confirmation Class registration for 2021-2022 is open at whitememorial.org/register. Rising 8th graders (as of July 1, 2021) are welcome and encouraged to sign up.

COMMUNITY ALLOCATIONS

APPLICATION PROCESS

The Community Allocations Committee of White Memorial Presbyterian Church allocates funds given by the congregation to agencies in Wake County that provide for the needs of individuals and groups in the community where our church has strong commitment and involvement. While no precise definition is possible in assessing need, we consider agencies that attempt to provide basic needs, teach life coping skills, and promote self-sufficiency. The Community Allocations Application process begins in September of each year and awards are announced in February. All grant applications are due Wednesday, September 1, 2021. If you have questions contact Gloria Johnson, gjohnson@whitememorial.org.



OUTREACH SEWING GROUP

For many years a dedicated group of women who love to sew has made various items for our Russia Mission Partner in Smolensk. We have made clothing and

coloring book bags for orphanage children, and colorful quilts for the beds at their Rodnik conference center. Recently we have made the scapula that our WMPC choirs wear during Advent and Lent, and currently we are making useful tote bags for WMPC Outreach ministries.

Our Sewing Group meets the third Monday of each month and we are excited to be beginning again on September 20. We would love to have new folks join us for our mornings of sewing followed by a special time of fellowship over lunch, which is provided. Please call Susie Jackson at 919-876-9641 for more information. Also, if anyone has a portable sewing machine that you are no longer using, our group would love to have your donation, so women who are not able to bring a machine can join us to sew.

OUTREACH KNITTING GROUP

(Formally know as the Russia Knitting & Crocheting Group)

We have a new name, but will be in service for the same purpose. Gather around and enjoy fellowship and friends while knitting and crocheting starting back on Tuesday, September 7 at 9:30 am in W400. We have plenty of yarn, patterns, hooks and needles. Everyone is welcome to join us for coffee, snacks and lots of conversation. Any questions call Faye Senter 919-805-0897 or fsenter@bellsouth.net.



Founded As Tammy Lynn Center

WMPC MAJOR MISSION 2021



Please make a gift to support WMPC's 2021 Major Mission Partner. [You may also give online.](#)

**OUR GOAL IS TO RAISE AT LEAST \$100,000.00
FOR TLC, AND EVERY DOLLAR RAISED
WILL BE MATCHED UP TO \$50,000.**

Major Mission at White Memorial is a church wide fund-raising effort to help organizations in the community and the world that are in the process of building new facilities, renovating or undergoing expansion. TLC (Tammy Lynn Center) is our Major Mission for 2021. Since the early 70s, TLC has provided hospital-level care with 24/7 support within a home-like setting for children and adults with intellectual and developmental disabilities. By 2040, Wake County's rising population will have an estimated 38% increase in the number of people living with an intellectual or developmental disability. TLC's top priority is the construction of a new Intermediate Care Facility for the most medically fragile of their residents. Please join this effort in making TLC a caring and compassionate place to live.



We're back with a wonderful lineup
for Season Four!

Join Us 2021-22 Concert Series

Come to one, come to all - they're free!

Sunday | September 26 | 2021 | 3pm | Sanctuary

Winterreise, Franz Schubert

Adrian Smith, baritone; Kirsten Homdrom, piano

<http://www.adrian-n-smith.com>

Sunday | October 24 | 2021 | 3pm | Main Hall

Jazzical with Joel, Joel Martin, piano

Sponsored by Mickey and Angie Faulk

<https://www.youtube.com/watch?v=P2LIFZbjJNA>

Sunday | February 27 | 2022 | 3pm | Main Hall

Carmen Inside Out

Kirstin Chavez, mezzo-soprano; Qiao Zheng Goh, piano

<https://www.carmeninsideout.com/>

Sunday | March 27 | 2022 | 3pm | Sanctuary

WMPC Music Ministry Lenten Program:

John Rutter's *Requiem* and

75th Anniversary Commissioned Works

Sunday | April 24 | 2022 | 3pm | Main Hall

Raleigh Ringers, David Harris, director

<https://rr.org/>

Sunday | May 22 | 2022 | 3pm | Sanctuary

Classical and Celtic, Anita Burroughs-Price, harp

<http://www.anitaharp.com/>

WMPC CHILDREN'S CHOIR IN PERSON THIS FALL! REGISTRATION OPEN

The WMPC Children's Choir will return to an in-person format this Fall. Children will be grouped according to age and participate in weekly rehearsals on Wednesdays from 4:30-5:30 p.m. where they will learn music concepts and vocal technique and have an opportunity for faith formation and fellowship. The Children's Choirs will serve as worship leaders in both the Sanctuary and OnPoint services throughout the year and will participate in an end-of-year musical culmination in the Spring. Registration for Children's Choir is open to rising Kindergarteners through 5th graders. Register online at whitememorial.org/register or contact Kelly Gold at kgold@whitememorial.org with questions.

WMPC YOUTH CHOIR IN PERSON THIS FALL! REGISTRATION OPEN

The WMPC Youth Choir will return to an in-person format this Fall and will meet on Sunday afternoons from 3:45-4:50 p.m. Youth Choir will regularly serve as worship leaders at both the Sanctuary and OnPoint services throughout the year. Youth will learn music concepts and vocal technique and have an opportunity for faith formation and fellowship. Registration for Youth Choir is open to rising 6th-12th graders. Register online at whitememorial.org/register or contact Kelly Gold at kgold@whitememorial.org with questions.

WMPC YOUTH WORSHIP BAND

Do you have musical talent? White Memorial needs it! Help provide meaningful worship and strengthen our church's sense of community by participating in the Youth Worship Band (rising 6th-12th grade). The band is under the direction of Eric Nanz, Associate Director of Music and Worship Arts. Participants will be offered opportunities to lead music in worship and in youth group activities. Rehearsal times will be tailored toward the availability of those who sign up for the band. Register online at whitememorial.org/register or contact Eric Nanz, Associate Director of Music and Worship Arts with any questions at enanz@whitememorial.org.

SAVE THE DATE! VBS 2022!

It's not too soon to mark your calendars for Vacation Bible School 2022! Monday, June 13 - Friday, June 17, 2022. See you then.

SCHOOL SUPPLIES NEEDED

The bell is about to ring, and having new supplies to begin the school year is important to youth and children. Please take advantage of back to school sales. Items always needed:

- 1" and 2" notebooks
- paper
- spiral notebooks
- glue sticks
- colored pencils, pens & pencils
- new backpacks

Drop off items in the red bins outside of Witherspoon throughout August.





CHAIR YOGA

Chair yoga is a practice of gentle stretches, meditation, and movement with breath. Many postures are beneficial to those who spend time sitting at a desk. This practice does incorporate some standing postures and balance but can be modified to be done entirely in a chair. A mat or towel is optional.

10:00-11:00 a.m. | C200

YIN YOGA

Yin yoga is a mat class of deep stretches held for long periods to allow connective tissues to release and muscles to relax. It is a meditative, calming practice. Must be able to get on and off the floor. A mat and/or towel recommended. Wear comfortable clothes that allow for freedom of movement.

11:15 a.m.-noon | C200

Offering a free session on September 1.

Offering two 6-week sessions

for both Chair Yoga and/or Yin Yoga:

Wednesday, September 8 - October 20

(NO class Wednesday, October 6;

make up day Wednesday, October 27 if needed)

Wednesday, November 3 - Wednesday, December 15

(NO class Wednesday, November 24;

make up day Wednesday, December 22 if needed)

Costs for Chair Yoga and/or Yin Yoga:

\$30 per 6- week session (chair)

\$25 per 6-week session (yin)

\$50 for both classes per 6-week session

\$8 drop-in per class

For questions about Yin Yoga or Chair Yoga contact Margie Mould, class instructor at mmould@bellsouth.net.

GENTLE YOGA

Gentle Yoga is designed for aging bodies. Classic poses will be taught with emphasis on alignment to keep our bodies structurally sound. Movement is slow and mindful. Students must be able to get up and down on their mat. A yoga mat and blanket are required. \$8 per class. For more information contact Beth Robinson at elizabeth.robinson44@gmail.com.

8:30-9:30 a.m. | Pickard Hall

Tuesdays | September 14 - November 9

FIT AFTER FIFTY

Anyone is welcome to join us for 20 minutes of cardio, 20 minutes of resistance exercises, and a five-minute cool down. On Tuesdays Gina Minton will teach and on Fridays there will be a workout video to follow.

9:45-10:30 a.m. | Pickard Hall

Tuesdays | September 21 - November 9

9:45-10:30 a.m. | Pickard Hall

Fridays | September 24 - November 12



T'AI CHI FOR EXERCISE

T'ai Chi is a gentle art that is physically rewarding and mentally stimulating, and brings a feeling of well-being, as well as relaxation, improved

balance, and coordination. Social distancing will be observed. For more information, contact Honey Music at honeyjmusic@gmail.com.

5:30-6:30 p.m. | Pickard Hall

Mondays | September 13 - December 20

(No class September 6 or October 25)

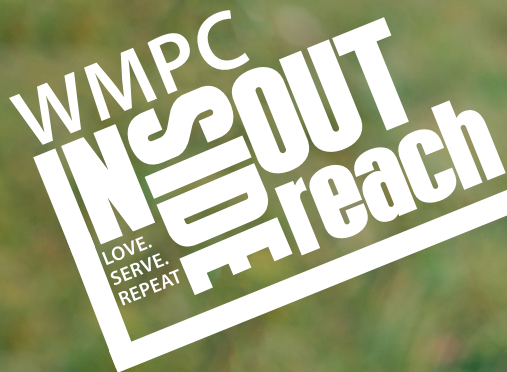
\$64 for an 8-week session or \$8 drop-in per class

HEALING PRAYER

Healing Prayer is an intensive form of intercessory prayer focusing on an individual's mental, emotional, physical and spiritual needs to provide a sense of balance and facilitate self-healing. Healing Prayer sessions are usually 20 to 30 minutes. If you are interested in experiencing a healing prayer session, please contact Mary Ann Turner at 919-833-2475 or maturner2.mat@gmail.com.

6:30-8:30 p.m. | Chapel

Wednesday, September 22 - December 22



The Dog Days of Summer

Do these hot summer days seem to be getting longer and longer? Are you running out of things to do and activities to entertain your children? Why not spend a few of these "dog days" volunteering?

Here are some suggestions:

- Help sort and organize donated clothing at Note in the Pocket. Children aged 13-15 may volunteer when accompanied 1:1 by an adult. <https://noteinthepocket.org/volunteer/>
- Volunteer in the garden at Alliance Medical Ministries <https://www.alliancemedicalministry.org/volunteer-garden>
- Assist with landscaping beautification Friday mornings at Urban Ministries. Ages 8 to 13 with an accompanying adult are welcome. <https://urbanmin.org/get-involved/volunteer/>
- If you are an animal lover, check out the volunteer opportunities at The Wake County Animal Shelter. Ages 16 and up (minors accompanied by an adult) may help. <https://www.wakegov.com/departments-government/animal-services/how-help/volunteer-program>
- Or gather items needed items for the Green Chair Project; Dining Sets, Cooking Sets, Healthy Home Packs and Bed Packs <https://www.facebook.com/thegreenchairproject/> or <https://thegreenchair.org/donation-drive/>
- For many, many other opportunities to volunteer and donate now and into fall, check out:
 - Activate Good <https://activategood.org/waystovolunteer/>
 - United Way of the Greater Triangle <https://www.unitedwaytriangle.org/volunteer/>
 - White Memorial's website <https://whitememorial.org/service/>

SUMMER CHURCHWIDE COLLECTION(S)

The collections for August will be pet food which will go to the SPCA (who supplies Meals on Wheels with pet food) and school supplies (see page 9), which will go to various agencies that work with school age children.

The SPCA prefers dried food but will accept any type of pet food, particularly higher quality brands with healthier ingredients.

Drop off pet food and/or school supplies in the red bins outside of the Witherspoon building.

Celebrate with Outreach!



Come See,
Come Taste,
Come Hear,
Come to Action.

SUN
12
SEPT

9AM-
NOON

You're invited! Tour the new Outreach Room on Kick-off Sunday.

Make & Take Project: We'll have supplies on hand for you to make a care kit for the homeless.

Involvement: We will also have tables under the portico highlighting our outreach partners and ways we are involved.

SUN
19
SEPT

9AM-
2PM

75th birthday celebration

Drop by the Outreach Room on Dedication Sunday as the celebration continues! Our church wide collection in September will be Birthday Bags for all ages.

Items to assemble and place in your Birthday Bag:

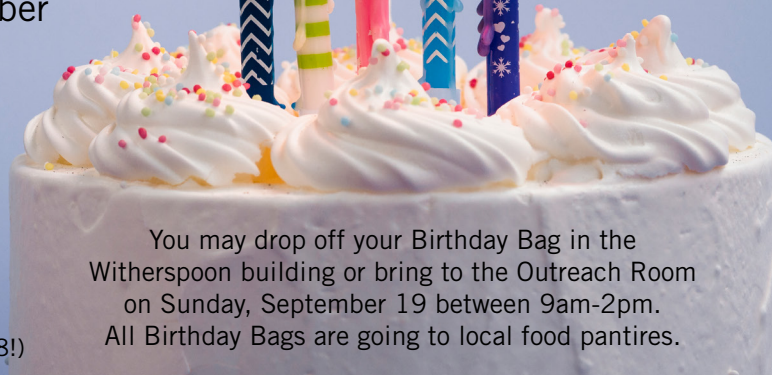
Cake Mix/Canned Frosting/Icing

Aluminum Cake Pan

Balloons

Cups & Plates plus any fun extras.

(all items can be purchased at the Dollar Store for about \$8!)



You may drop off your Birthday Bag in the Witherspoon building or bring to the Outreach Room on Sunday, September 19 between 9am-2pm. All Birthday Bags are going to local food pantries.