# WMPCMONTHLY

White Memorial Presbyterian Church | April 2021

### **Easter 2021**

In 2020, Easter Sunday was on April 12. The world had stopped. My neighborhood was so quiet that I saw a family of foxes in my front yard, out in the open, one April night (this never happens). I talked about how the world was entering a time of non-optional sabbath. I said the following on Easter Sunday, about 53 weeks ago: Matthew gives us a time stamp for the Easter miracle. It says, "After the sabbath, as the first day of the week was dawning." One idea that keeps percolating in my prayers is that our time so far apart is - in a spiritual sense - like a great big sabbath. We have stopped so much. Our cities are quiet. We worship and pray online. It's maybe not the sabbath we planned, but it's the one we've got. The way the editor of Christianity Today put it this week: "And so we move toward the cross and toward Easter - socially distant from our churches (to starve the virus), but spiritually tethered to Jesus (to save our souls)." Which makes us a little like the women in Matthew. They are alone - distant from the other disciples. They had not planned for that particular sabbath. But they lived into the one they got, tethered to Jesus.

As I write, the social-distanced-mandatory-mask-sabbath is still upon us in many ways. If you haven't done so yet, now is a good time to take account of the lessons we have learned from our self-contained time. What has given you wisdom? What has caused you pain? What will you keep? What will you throw away?

One lesson I have learned from the COVID pandemic is that there has not been just one pandemic. There have been 350 million individual experiences of it in our country alone. The questions I ask above will not be answered the same way by any two of you. The last year has been truly contextual. No two of us will have the same COVID stories or even inventories of what was lost or gained.

Another lesson I am still learning is that no matter how I answer the questions, no matter what I keep from the last year, if I am not tethered to Jesus then whatever gains I might count will prove to be less valuable than I thought. It is our faith which gives times of great loss their potential meanings. It is our faith which allows us to properly value times of great success, too. God allows us time to pray and think whenever we have gained something and whenever we have lost something. I would suggest that whether or not you regard the last year as a total loss, or as a time of some gains, your evaluation will be dependent upon how close you were able and are able to stay near Jesus. We need his help to make sense of it all. It's too big without him.

I am still working on answers to the questions I have asked in bold type above. I am still working on deriving meaning from all I have experienced and learned. But I trust that God is giving me time to work on it. And that is hopeful enough for today.

May grace abound,

Christopher H. Edmonston

Pastor



# SUNDAY WORSHIP TIMES

8:00 a.m. 11:00 a.m. In Person Worship in Sanctuary (with reservation)

Live Stream and Facebook Live

OnPoint@1704 11:00 a.m. In Person Worship in the Main Hall (with reservation) Live Stream

Virtual Adult and Children's Sunday School 9:30 a.m.

Church Office
Telephone Number:
919-834-3424

Pastor-On-Call Telephone Number: 919-605-4593





text: wmpc app to 77977 to download app

whitememorial.org



### IN THE CHURCH TRIUMPHANT

David "Eagle" White III - January 11, 2021

**Lillian McCulloch Taylor** – February 25, 2021 WMPC family members: niece Peebee Scott and husband Philip, and nephew Robert Bridger III.

**Cynthia Cranford Haar** – February 27, 2021 WMPC family members: husband, Dick Haar, son and daughter-in-law, Ritch and Sandy Haar and their children Richard and Ryan.

John Poindexter Irby III – March 19, 2021

WMPC family members: son and daughter-in-law Bucky and Amie Irby, and grandchildren Henley Irby and John V. Irby.

Mary Louise "Mary Lou" Wahl Lang – March 21, 2021 WMPC family members: niece Lora Zinsmeister and her husband Karl Zinsmeister.

Lyman "Griffis" Worthington – March 27, 2021

**Charlene Fisher Askew** – March 30, 2021 WMPC family member: husband, Garland Askew.

### PRAYERS AND CHRISTIAN CONCERNS TO

**Jane and Gary Fulton,** on the death of Jane's father, Glendall "Glen" King, February 28, Gastonia, NC.

**David and Morgie Duke, Kitty Duke and John Duke,** on the death of David's father, Goodman Burnett "Budgie" Duke, March 5, Louisa, VA.

**Phil, Stephanie, Mitch and Abbey Mosely,** on the death of Phil's father, Graham Hartwell Mosely, March 5, Wilmington, NC.

**Steve, Karen, and Madeline Haneline,** on the death of Steve's brother, Travis Daniel "Dan" Haneline, March 24, Longwood, FL.

**Lillian and Jim Poole, and Chris, Maury, Porter and Grady Poole,** on the death of Lillian's mother, Rosa Moore Murray, March 27, Raleigh, NC.

### **NEW PRESBYTERIANS**

**Theodore Carter Magee**, born March 2, child of Liz and Jack Magee.

**Eliza Wells Battle,** born March 17, child of Haley and Staats Battle, grandchild of Romy and Player Barefoot, and Carol and Richard Battle.

### **BAPTIZED**

March 7 – Elizabeth Randolph Albritton, child of Jennifer and Benton Albritton, grandchild of Catherine and Randy Hoft.

### **MARRIAGES**

Thomas Wayne Hall Jr. and Elizabeth Leigh Scott, November 7, 2020, May River Chapel, Palmetto Bluff, SC. Tom is the son of Josie Hall.

### **CONGRATULATIONS TO**

**June Ann and Ken Ward** on the birth of grandchild, Eleanor Russell Boney, born March 6, to Jennifer and John Boney, Raleigh, NC.

If you have experienced a birth, marriage or death you want to share with the church, email Rebecca Turner at <a href="mailto:rturner@whitememorial.org">rturner@whitememorial.org</a>.

If you have a relative or church friend who is hospitalized, call the church office or email Amy Claprood at <a href="mailto:aclaprood@whitememorial.org">aclaprood@whitememorial.org</a> so our pastoral staff can reach out. If you have a pastoral care need outside of regular business hours, call our after hours pastor on call at 919-605-4593.

### DR. BRIAN BLOUNT TO PREACH & TEACH - SAVE THE DATE

On **Pentecost Sunday, May 23, Dr. Brian Blount** will deliver the sermon. Brian Blount is President and Professor of New Testament at Union Presbyterian Seminary, Richmond, VA and Charlotte, NC. An M.Div. graduate of Princeton Seminary in 1981, he obtained his B.A. from the College of William and Mary in 1978 and he received his Ph.D. in New Testament Studies from Emory University in 1992. Professor Blount's primary work has been in the Gospel of Mark, the Book of Revelation and in the area of cultural studies and hermeneutics. He is the sole author of six books.

### WMPC OFFICE BUILDING IS OPEN BY APPOINTMENT ONLY.

### PLEASE VISIT OUR WEBSITE OFTEN: WWW.WHITEMEMORIAL.ORG FOR UPDATES.

For updates, videos, devotionals, studies, activities and innovative ways to practice faith at home and to share faith with one another. Also, throughout this newsletter you will see numerous events that require registration. Most registrations can be found on our website: <a href="www.whitememorial.org/register">www.whitememorial.org/register</a>



### THANK YOU, GWEN!

After serving as Director of Young Children's Ministries for over twenty years, Gwen Whiteman will be retiring at the end of March. In that time, Gwen has gifted many families with her smile, compassion, and dedication to the faith development of children. Luckily, while we will miss Gwen as a member of our staff, she will still be a part of

our church family, exploring new avenues of ministry. You can drop off a note or card for her in the Witherspoon lobby. You can make a gift in her honor by check or online at <a href="https://www.whitememorial.org/register">www.whitememorial.org/register</a>. Please note that these gifts are not tax-deductible.



# 9@9 A.M. BIBLE STUDY FACEBOOK LIVE

Begin the morning each weekday with a live 9-minute Bible study led by Grier Booker Richards, Associate Pastor for Discipleship and Chip Pope, Associate Pastor for Youth and their Families. You can find all of their studies on Facebook, Instagram and our website.



Maundy Thursday | April 1 | 6: 30 p.m. | Live Stream

Good Friday | April 2 | 6:30 p.m. | Live Stream

Easter | April 4

Combined Sanctuary and OnPoint@1704 worship with communion.

Pre-recorded service available on Live Stream at 8:00 a.m. and 11:00 a.m. plus On Demand.

In person viewing of the pre-recorded service will be offered at 8:00 a.m. and 11:00 a.m. in the Main Hall. Registration is required.

### ONE GREAT HOUR OF SHARING EASTER APRIL 4, 2021

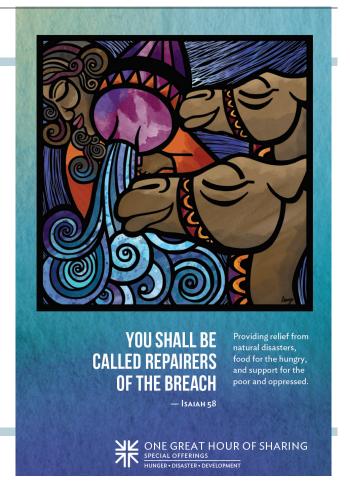
One Great Hour of Sharing, one of the PCUSA's church wide offerings, will be collected on Easter. This offering is the single largest way that Presbyterians join together to share God's love with our neighbors around the world. Each gift helps to improve the lives of people in challenging situations through three impactful programs:

**Presbyterian Disaster Relief** (32%) Works with communities as they recover and find hope after the devastation of natural or human-caused disasters.

**Presbyterian Hunger Program** (36%) Takes action to alleviate hunger and the systemic causes of poverty so all may be fed.

**Self-Development of People** (32%) Invests in communities responding to their experiences of racism, oppression, poverty and injustice and educates Presbyterians about the impact of these societal ills.

To learn more, go to pcusa.org/oghs





Join us for the following 2021 virtual concerts!

Wednesdays @ 1:00 p.m.

May 5
Lyricosa Quartet
Carol Chung, Julia Reeves, violins,
Simon Ertz, viola,
Rosalind Leavell, cello

### June 2

Narrative of a Slave Woman: Songs of Suffering, Hope, and Freedom LaToya Lain, soprano Casey Robards, piano

> Concerts will be live streamed and available on Facebook Live. Concerts will be archived for one week after streaming date.

For details on these virtual offerings, please visit <a href="https://whitememorial.org/musical-messages/">https://whitememorial.org/musical-messages/</a>



If you are 55 years old +, we invite you to join Keenagers via Zoom. No dues or membership information is required at this time. If you would like to participate in Keenager Zoom meetings, please contact Tonya Higgins at <a href="mailto:thiggins@whitememorial.org">thiggins@whitememorial.org</a> and provide her with your name and email to receive your Zoom link.

Keenagers Zoom meetings will occur most Thursday mornings at 10:00 a.m. The first and third Thursdays will be a program. The second and fourth will be a social connection time.

### **APRIL 1**

10:00 a.m.

Jim Ferry, Parish Associate

Maundy Thursday, Jim will compare the

Easter Story from the Four Gospels.

### APRIL 8

10:00 a.m.

Social Connection Time

### **APRIL 15**

10:00 a.m.

Rev. Meemie Lohmeuller of Unity Church of the Triangle Faith Tradition of Unity Church

### **APRIL 22**

10:00 a.m.

Social Connection Time

### APRIL 29

10:00 a.m.

Game Day!

SEE YOU ON ZOOM!

### **BLOOD DONATIONS**





### BE THE LIFELINE PATIENTS NEED.

White Memorial Presbyterian Church **Blood Drive** 

Monday, April 19, 2021 2:00 p.m. - 6:30 p.m. | Pickard Hall

> To make an appointment, please visit www.redcrossblood.org and use sponsor code WMPC.

For questions please contact Ruth Landers at ruth@landers.me

To complete pre-reading and answer health history questions the day of the blood drive visit www.redcrossblood.org/RapidPass.

### THE LIBRARY IS OPEN! (By appointment only)

We are happy to announce that the church library is now open to church members by appointment. We ask that when you plan to visit the library, you make an appointment by contacting Colleen Aguirre at caguirre@whitememorial.org. Appointments are available Monday-Friday from 9:00 a.m. -4:00 p.m. Please visit our website for current protocols: www.whitememorial.org/updates. As a reminder, books may be checked out for three weeks and renewed once. We hope you will visit the library soon!

### **SCHOLARSHIP APPLICATIONS**

Attention seniors! If you would like to apply for one of the college scholarships offered by White Memorial, please visit the website at whitememorial.org/youth/forms/. Applications are due by Friday, April 30 and must be turned in to Tonya Higgins at the church office or by email thiggins@whitememorial.org. If you have questions, please contact Gloria Johnson, gjohnson@whitmemorial.org.

### SAVE THE DATE - GRADUATION SUNDAY

We will recognize our WMPC High School graduates with a special Graduation Blanket Blessing at worship on Sunday, May 16, 2021.

4:30-6:00 p.m. | Zoom Come to one. Come to all.

### Seeing



Questions: contact

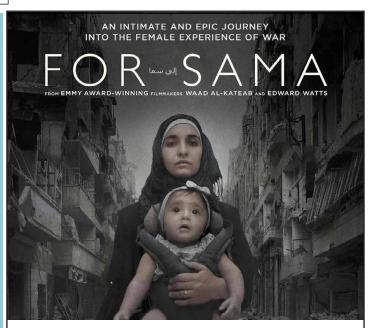
Jean Williams, Parish Nurse at 919-834-3425, ext. 234, jwilliams@whitememorial.org

or Jim Ferry at 919-834-3425, ext. 208, jferry@whitememorial.org

Register: www.whitememorial.org/register or

https://whitememorial.brushfire.com/care/485472





The Middle East Peace and Justice Committee invites you to join them

### Wednesday, April 14 at 7:00 p.m. on Zoom as they present the film For Sama.

"The Best Documentary 2019 Cannes Film Festival" and "2020 Academy Award Nominee for Best Documentary", For Sama. This documentary tells of a young Syrian mother and filmmaker, Waad Al Kateab, as she tells the story of her life through the years of uprising in rebel held Aleppo. While filming the cataclysmic conflict around them she rejoices in the birth of little Sama.

Reservations Required: www.whitememorial.org/register

# WOMEN'S MONTHLY FELLOWSHIP VIRTUAL LUNCHEON

All women are cordially invited to join our virtual luncheon presentation

**Monday, April 12** 

Live Stream from the Main Hall | FB Live | 12-1:00 p.m.

We hope you'll grab a sandwich and join us for our monthly Fellowship Virtual Luncheon.

Please see circle date and times below. Most circles are meeting via Zoom on Monday, April 12 (unless otherwise noted).

### **GIVE BACK, SERVE.**

### PRESBYTERIAN WOMEN'S PROJECTS FOR APRIL

Items to be donated are for Street Outreach bags. Please donate small sizes of cough drops, chapstick, sunscreen, bandaids, hand sanitizer or wipes and antibacterial cream.

### PRESBYTERIAN WOMEN STUDY GUIDES FOR 2021-2022!

Registration has begun for Presbyterian Women study books! You may order your study guide for next year online with a credit card at <a href="https://www.whitememorial.org/register">www.whitememorial.org/register</a>. Books are \$10 or \$15 for large print. Deadline for ordering is Friday, May 14.

### **CIRCLE INFO**

Circles meet on Monday, APRIL 12 unless otherwise noted. For circle membership information, please contact Julie Leon 919-475-0861 or Kathy Hilands 615-477-7648.

Circle A: 10:00 a.m., Zoom; Reps. - Nancy Long, Carol Lynn

Circle B: 10:30 a.m., Zoom; Reps. - Ann Carney, Ruth Chell

Circle C: 10:45 a.m., Zoom; Reps. - Rebecca Spanbauer, Paula Williams

Circle D: April 8, 11:00 a.m.; The Cypress, Wellness Room; Rep. - Ramona Deener

Circle E: 10:00 a.m., Zoom; Reps. - Susan Ricks, June Ann Ward

Circle F: 9:45 a.m., Zoom; Reps. - Maggie Black, Blair Hughes

Circle G: 10:00 a.m., Zoom; Rep. - Mary Clayton, Louise Hartung

Circle I: Circle lessons will be sent by email the second Monday of every month. Printed copies for Springmoor residents will be in the internal mail; Rep. - Susie Jackson

Circle K: April 13, 6:45 p.m., Zoom; Rep. - Cathy Lehman

Circle L: April 14, 7:00 p.m., Zoom; Reps. - Kathy Kidd, Jackie Mullin

Circle M: 7:00 a.m., April 6 and April 20, Zoom;

Reps. - Susan Allen, Miriam Dorsey

Circle N: April 13, 12:00 p.m., Glenaire Auditorium;

Reps. - Ann Harris, Lois Jenny

Circle O: April 13, 7:00 p.m., Zoom; Rep. - Sally Nunnally

All women of the church are invited to join a circle. Please contact Julie Leon 919-475-0861 or Kathy Hilands 615-477-7648 for more information.

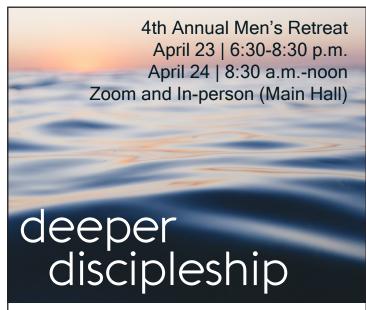
### STROLLER GROUP

The WMPC Growing Families Care Team has started a Stroller Group for moms of little ones. We meet at the church on the first Tuesday of every month and stroll around the neighborhood. This is a great way to connect and fellowship with other moms. If you're interested in participating, please email Abby Timmerman <a href="mailto:ambreaux@ncsu.edu">ambreaux@ncsu.edu</a> for more information. All are welcome!

### **MEN'S BREAKFAST & BIBLE STUDY**

### 7:30 a.m. | Zoom | Registration required

Men of all ages are invited to Zoom and enjoy fellowship and Bible study. The preaching pastor of the week leads a short Bible study related to the upcoming Sunday sermon. Bible study, breakfast (bring your own) and prayer conclude around 8:00 a.m. each week. Contact for the group is Don Thompson, <a href="https://docsus.edu">dthomps1@ncsu.edu</a>.



All men are invited to join us on April 23 and April 24 for a special hybrid version of the Men's Annual Retreat. Guest speaker Pastor Franklin Golden is back with us again this year. Franklin is the pastor of Durham Church (PCUSA). Stay tuned for details on this year's topic.

There will be a time of gathering in the Main Hall on Friday, April 23 from 6:30-8:30 p.m. and discussions/break-out groups from 8:30 a.m.-noon on Saturday, April 24. Cost is \$25 and registration is required. www.whitememorial.org/register

# BOXED MEALS TO GO

Reserve your meal(s) by noon Friday, Apr. 2)

# PULLED PORK BBQ

(Pulled Pork BBQ, Macaroni and Cheese, Green Beans, Apple Salad, French Roll Dessert)

Reserve your meal(s) by noon Friday, Apr. 9)

# QUICHE LORRAINE

(Quiche Lorraine (bacon/onion), Broccoli Salad, Fruit Salad, Oatmeal Muffins, Dessert)

Reserve your meal(s) by noon Friday, Apr. 16)

# CHICKEN SALAD

(Chicken Salad, Pasta Salad, Marinated Asparagus, Bishop Rolls, Dessert)

**APR. 28** (Reserve your meal(s) by noon Friday, Apr. 23)

# PORK LOIN ROAST

(Pork Loin Roast with Peachy Mustard Sauce, Chili Cheese Grits, Green Peas, Focaccia, Dessert)

### WWW.WHITEMEMORIAL.ORG/REGISTER

Boxed Meals to Go: \$7.00/each.

All dinners come as is. No refunds.

PICK-UP MEALS ON MCDONALD LANE: 5:00 - 6:30 p.m.









Athletic court at Barye Fe High School

# NEWS FROM HAITI: BUILDING A BRIGHTER FUTURE AT BARYE FE

Many of us remember with thanksgiving when the Barye Fe High School opened in the Terre Noire neighborhood of Port-au-Prince in 2015. White Memorial's Major Mission campaign in 2012 had provided a substantial amount of seed money for the Barye Fe construction. Barye Fe was created so that students graduating from the Haiti Outreach Ministries (HOM) primary schools could continue their education in a Christ-centered, academically strong school in their community. Barye Fe has grown as additional classrooms have been needed - a second classroom building, with a dedicated science lab, opened in 2018. Demand for enrollment at Barye Fe remains consistently high, and currently over 400 students attend grades 7-11. Haitian high schools serve grades 7 through 13. Plans are underway for another 10 new classrooms, to accommodate the additional students expected this fall, including a computer lab and dining space.

Over 95% of the material costs will be spent in Haiti with Haitian-owned suppliers. 100% of the labor force is Haitian, creating a significant and positive economic impact for the surrounding communities. The cost of this essential next phase at Barye Fe is \$835,000. HOM has initial funding commitments and will continue active fundraising. Superintendent of Schools Jacky Dorleans' is very excited about this expansion. She says, "By faith, I already see myself walking, praising God and teaching in these new buildings. We're praying that the Lord would open large doors of opportunities like He has done before, for this wonderful dream to become a reality."



Barye Fe Classroom with Madame Jacky



**Primary School chapel** 

All the HOM schools serve as "a bright light in the community." Having the opportunity to graduate from a HOM Primary school to a HOM High School is a great joy! Before 2015 those who graduated from 6th grade had to go elsewhere and the environments were not always academically strong. Each year the three primary schools send more than 120 students to Barye Fe. As Madame Jacky has said "Soli Deo Gloria!"

### **CURAMERICAS/HOM PARTNERSHIP UPDATE**

Curamericas was the 2020 recipient of WMPC's Peace and Global Witness Offering. They have established a Maternal, Neonatal and Child Health project, which is being led by Haiti Outreach Ministries (HOM,) in the Repatriote community. Haiti's maternal and child health statistics are the poorest in the western hemisphere. The under-5 mortality rate in Haiti is estimated to be 89 per 1,000 live births, among the highest in the world. Last August HOM hired Annaus Frankel, who was a former HOM/MICECC and Family Health Ministries (another WMPC-supported ministry in Haiti, led by Kathy Walmer) employee as project manager for this effort. Annus has completed extensive training and, with Pastor Leon Dorleans, has met with community leaders to explain and encourage participation. Teams of Community Health Workers are working to form small care groups among the 6,400 residents of Repatriote. In March Annaus reported to Gary Fulton, Executive Director of HOM, "We are doing a census of our second area in the Repatriote community. In the first two days of the census the team completed interviews at 127 households. So far, the team is doing great and things are going according to plan. The team is making referrals for sick and extremely malnourished children and adults they find during the interviews." If you would like to find out how to be more involved in our Haiti partners mission work, please visit their websites: <a href="https://www.Familyhealthministries.org">www.Familyhealthministries.org</a> or <a href="https://www.Familyhealthministries.org">www.Familyhealthministries.org</a> or <a href="https://www.Familyhealthministries.org">www.Familyhealthministries.org</a> or <a href="https://www.Familyhealthministries.org">www.Familyhealthministries.org</a> or contact William White, Chair of the WMPC Haiti Committee.



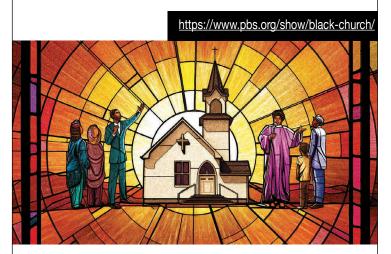




Repatriote Family with Community Health Care Worker

If you would like to find out how to be more involved in our Haiti partners' mission work, please visit their websites: www.Familyhealthministries.org or www.HaitiOM.org or contact William White, Chair of the WMPC Haiti Committee

# THE BLACK CHURCH



This two-part documentary series explores the 400-yearold story of the black church in America, the changing nature of worship spaces, and the men and women who shepherded them from the pulpit, the choir loft, and church pews.

Members and friends of WMPC are invited to watch this riveting documentary and to join us for Zoom conversations on **Sundays, April 18 and 25**. While you are welcome to watch this series on your own, we will also have opportunities each week to watch the series here at WMPC.

We will show *The Black Church* here in Main Hall (socially distanced and with masks worn) at **6:30 p.m. on Tuesdays, April 13 and 20** and discussion groups will follow during the Sunday school hour on **Sundays, April 18 and 25 at 9:30 a.m.** 

Please note, registration to attend the viewings are required as are the Zoom discussion groups.

To register to watch on campus, you must register for Part 1 and Part 2 separately.

Register: Part 1 (April 13 at 6:30 p.m., Main Hall)
Register: Part 2 (April 20 at 6:30 p.m., Main Hall)

To register for Documentary Discussions via Zoom

click below.

Register: Zoom Discussions

# NAMI: NATIONAL ALLIANCE ON MENTAL ILLNESS

NAMI Basics | NAMI Peer-to-Peer NAMI Family-to-Family

NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI works to educate, advocate, listen and lead to improve the lives of people with mental illness and their loved ones. If you or someone you know is struggling, you are not alone. Visit <a href="https://nami-wake.org/">https://nami-wake.org/</a> or call 919-848-4490 for more information on support groups and educational resources.

# RECYCLE AND RENEW: LAPTOP COLLECTION AT STEPUP

StepUp will be working with Hubzone Technology Initiative, an organization that wipes the hard drives of donated laptops, converting them into functional Google Chromebooks. Chromebooks will be donated to those in need such as veterans, students of all ages, people looking for employment, and those that are underemployed. StepUp will be collecting working laptops Monday through Friday from 9-4 p.m., April 8-22 for this Earth Day event. All donated laptops MUST: Be able to turn on & off, have a power cord and have a hard drive for Google chromium installation. ALL of the hard drives donated will be wiped according to the Department of Defense standards. Questions? Nancy Bromhal <a href="mailto:nbromhal@stepupministry.org">nbromhal@stepupministry.org</a>.

### PRESBYTERIAN WOMEN STUDY GUIDES

Registration has begun for Presbyterian Women study books! You may order your study guide online with a credit card at <a href="whitememorial.org/register">whitememorial.org/register</a>. Books are \$10 or \$15 for large print. Deadline for ordering is Friday, May 14.

### **AGING WELL**

## Living to the Edge of the Frame--Even as the Frame Narrows

On Tuesday, April 20 at 1:00 you are invited to join Liisa Ogburn and others for our highly acclaimed Aging Well webinar series. As we age, our abilities may decline. However, our life need not become smaller. How do we continue to live a full life in spite of constraints (both those we individually experience, but also those necessitated due to the pandemic)? This presentation will feature stories of seniors who are doing just that as a way to expand our imaginations. For more information and to reserve your place, contact Jennifer Eastman at <a href="mailto:jeastman@whitememorial.org">jeastman@whitememorial.org</a>.



## OUR ANXIOUS YOUTH:

Empowering Our Youth with Coping Strategies

Webinar with NAMI Tuesday | May 4 7:00 p.m. | Zoom Registration required The WMPC Youth Care and Compassion Committee and the Mental Health and Wellness Ministry are teaming up to host a webinar for parents and caregivers of elementary through high school aged youth.

This educational presentation entitled "Our Anxious Youth" will be given by Amy Robertson, a volunteer and board member from the National Alliance on Mental Illness (NAMI). She will focus her presentation on stress and anxiety in our lives and the lives of our youth. Come learn about coping strategies and ways to support youth through times of stress and anxiety during COVID-19 and beyond.

www.whitememorial.org/register

### Encountering Bumps in the Road: Coping During COVID and Beyond

For Youth 6th-12th Grade\*



# SUNDAY, APRIL 11 | 7:00 P.M. ZOOM | REGISTRATION REQUIRED For Youth 6th-12th Grade\*

Whether it's dealing with the stress of the pandemic, friendships, school, or just being a teenager, encountering life's "bumps in the road" can be rough. Staying healthy means thinking about not just our physical health, but our mental health, too. Come learn skills for coping and taking care of your mental health during these COVID times and beyond. We'll gather separately as middle schoolers and high schoolers to hear from some experts in mental health and spend time talking in small groups. This event is open for all youth 6th-12th grade! Please invite your children, grandchildren, or any other students in your life. Registration is required to receive the Zoom link.

\*If parents are interested in having their 5th grade students attend, 5th graders are welcome to join the middle school gathering. However, please know that the content will be tailored specifically for middle school students.

# AT THE END OF YOUR ROPE?



The events of life can make us feel like we cannot go any further. We cannot take another step. What has you feeling isolated? Possibilities include health issues of your own or others, concerns about personal relationships, financial insecurity and unexpected changes resulting from the pandemic. There are many others. Would it be helpful to have someone with whom you can confidentially share your worries? Let a Stephen Minister join you on your path for a while. A Stephen Minister will meet with you privately – by phone, video chat, or in person with appropriate safety precautions to offer care and support. It's free and completely confidential.

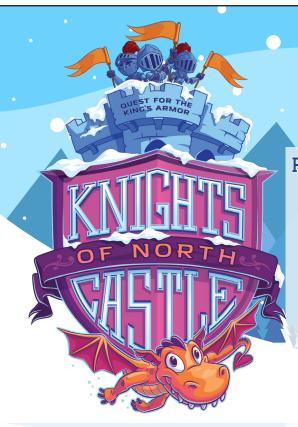
To learn how you can receive a Stephen Minister's confidential care, contact Nancy Benninger at <a href="mailto:nmpeterson@gmail.com">nmpeterson@gmail.com</a> or Cate Church Norman, Associate Pastor for Pastoral Care at <a href="mailto:cchurchnorman@whitememorial.org">cchurchnorman@whitememorial.org</a>.

"Bear one another's burdens, and in this way you will fulfill the law of Christ."

- Galatians 6:2



stephen



# VACATION BIBLE SCHOOL 2021 REGISTRATION OPEN!

FOR CHILDREN OF MEMBERS WHO HAVE TURNED 3
BY AUGUST 31, 2020
THROUGH CURRENT FIFTH GRADERS

Join our quest this summer as we discover protective armor found in Bible stories and have fun along the way.

August 2-6, 2021 | 9:30 a.m. - noon

White Memorial Presbyterian Church

Registration: April - May 31, \$35

Contacts:

Lynn Springfield, lspringfield@whitememorial.org or Jennifer Eastman, jeastman@whitememorial.org

REGISTER: WWW.WHITEMEMORIAL.ORG/SUMMER-PROGRAMS



# EASTER FLOWER CROSS

On Friday, April 2 the Easter Flower Cross will be placed in front of the Sanctuary. It is a tradition each year that children and adults place flowers on the cross. If you are walking by, and keeping a safe distance, we invite you to place flowers on the cross. You might also find making your own family Easter Flower Cross at home meaningful.