

WMPC MONTHLY

WHITE MEMORIAL PRESBYTERIAN CHURCH | OCTOBER 2020

God Cannot Abide in a Place of Fear

A pastor friend of mine talks about how hard life in the church can be during different “seasons.” The most difficult seasons for ministry are times of economic stress. Times of social unrest also make the list. Big election years add layers of complexity to any church family and are a season unto themselves. All three of these challenges are happening concurrently in our nation, state, and community. When we add the stress-factors connected to the interminable season of COVID, we have a formula for more anxiety, stress, and fear. We are carrying more than we can carry. All I talk about is how to cope, what to plan, what to cancel, and when to pivot in a new direction. In listening to our church family, I am not alone in my feelings of weariness. The many pastors I speak with report the same in their churches.

Last week three different pastors sent me a piece written by Richard Rohr. Rohr is one of the most interesting Christian writers and thinkers working today. Many groups in our church have studied his writings over the years. His areas of focus are the authentic spiritual life, the practice of contemplation, and the fruits of the devotional life.

I want to share some of the words which those pastors sent me. They come from a piece which Rohr called, “Some simple but urgent guidance to get us through these next months.” He writes:

It's no wonder the mental and emotional health among a large portion of the American population is in tangible decline. We have wholesale abandoned any sense of truth, objectivity, science or religion in civil conversation; we now recognize we are living with the catastrophic results of several centuries of what philosophers call nihilism (nothing means anything) or post-modernism (there are no universal patterns).

Somehow our occupation and vocation as believers in this sad time must be to first restore the Divine Center by holding it and fully occupying it ourselves. If contemplation means anything, it means that we can “safeguard that little piece of You, God,” as Etty Hellsing describes it. What other power do we have now? All else is tearing us apart, inside and out, no matter who wins the election or who is on the Supreme Court. We cannot abide in such a place for any length of time or it will become our prison.

God cannot abide with us in a place of fear.

God cannot abide with us in a place of ill will or hatred.

God cannot abide with us inside a nonstop volley of claim and counterclaim.

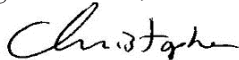
God cannot abide with us in an endless flow of punditry and analysis.

God cannot be born except in a womb of love.

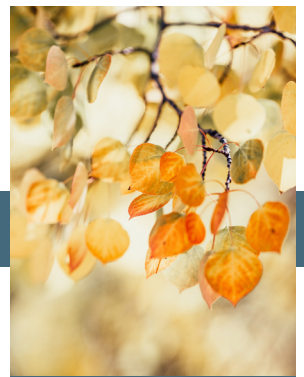
So offer God that womb.

There is more in the piece worth sharing, but what I have shared here will suffice to make the larger point which is on my mind. Namely that a change to a more peaceful, less angry, less anxious, and less contested time for all of us begins within each of us. I cannot cure COVID, but I can live my life in devotion to God with a prayer on my heart for calm and kindness. Between now and the end of this long, trying year I hope you will pray more and practice your faith more than you would normally think is necessary. Make space for God, and the love of Jesus Christ will grow. Friends, such love is a gift. It is a gift like no other.

May grace abound,



Christopher Edmonston, Pastor



SUNDAY WORSHIP TIMES

8:00 a.m.

11:00 a.m.

In Person Worship
in Sanctuary
(with reservation)

Live Stream and
Facebook Live
worship

8:00 a.m.

11:00 a.m.

Virtual Adult
and Children's
Sunday School
9:30 a.m.

Beginning Sunday,
October 11 you will
be able to live stream
OnPoint@1704
worship from the
Main Hall

Church Office

Telephone Number:
919-834-3424

Pastor-On-Call

Telephone Number:
919-605-4593



text: wmpc app to 77977
to download app

whitememorial.org

WORSHIP | EMBRACE | SERVE
in the manner of Christ

Jays & CONCERNS

IN THE CHURCH TRIUMPHANT

David Christopher Combs – September 3, 2020

WMPC family members: wife and children, Gena, Anne Marie, Ava and Christopher Combs; parents, Debbie and Francis Combs; and brother, Ryan Combs.

Cynthia Stoltze Hardison – September 9, 2020

WMPC family member: son, Sandy Hardison and daughter, Anna Hardison.

Thomas Ashby Newby, Jr. – September 17, 2020

WMPC family member: wife, Charlotte Newby.

PRAYERS AND CHRISTIAN CONCERNS TO

Erin, Dennis, Maggie, Embree and Beatrice Duffy, on the death of Erin's aunt, Lisa Kay Shumate, August 10, Pauls Valley, OK.

Kelly, Jason, Wyatt and Eva Gold, on the death of Kelly's aunt, Vergie Taylor Tew, August 22, Dunn, NC.

Tommy Wagoner, on the death of his mother, Dorothy Mann Wagoner, August 26, Raleigh, NC.

Nancy Noble, on the death of her grandson Nathaniel Martin, September 5, Cary, NC.

Doyle Long, on the death of her sister, Ramona Jurnigan Bazemore, September 11, Lewiston, NC.

Fran Carruthers, Courtenay Carruthers, Meredith Carruthers, Kennedy, Mark, Marlowe and Alden Embree, and Dalton, Brandon, Gibson and Reeves Hunt, on the death of Fran's father, Frank Burton Vardeman, Jr., September 13, Atlanta, GA.

Staff member Rick Gulley, on the death of his mother, Pauline Atkinson Gulley, September 26, Raleigh, NC.

Virginia Huntley, on the death of her son, Wilson Chambers Huntley, September 28, Cary, NC.

NEW PRESBYTERIANS

Wellington Barron Brown, born August 23, child of Blair and Sam Brown, grandchild of Sandra and Steve Garrison.

Philip Grambow Pipher and John Roy Pipher, born August 26, children of Liz and Britt Pipher, grandchild of Susan and John Sinden.

Claire Cashion Poplin, born August 28, child of Kate and Dave Poplin.

Romy Ada Springfield, born September 5, child of Zoe Balaconis and Jonathan Springfield, Somerville, MA, grandchild of Lynn and Mark Springfield, great-grandchild of Carol and Jim Springfield.

Nora Jean Edwards, born September 8, child of Casey and Michael Edwards, grandchild of Jan and Robert Hinson.

Margaret Ann West, born September 20, child of Ivy and Mark West.

BAPTIZED

August 30 - Monroe Callihan Benton, child of Taylor and James Benton, grandchild of Anne Underwood.

August 30 - McCaskill Franklin Overcash, child of Jordan and Brent Overcash, grandchild of Donna McCaskill, and Harold and LaDonna Overcash.

CONGRATULATIONS TO

Susan and Andy Morison, on the birth of grandchild, Camden Lynwood Dunn, born August 17, to Kaitlyn and Bradley Dunn, Clayton, NC.

Becca and Tom Valone, on the birth of grandchild, Ava Rose Valone, born August 30, to Marissa and Sam Valone, Bozeman, MT.

Nancy and Fred Hutchison, and Betsy Hutchison, on the birth of Nancy and Fred's grandchild and Betsy's great-grandchild, Florence Jane Whitt, born July 1, to Kay and Dan Whitt, San Francisco, CA.

MARRIAGES

Rebecca Carrington Kilgore and Richard Brandon Wright, IV, August 1, Raleigh, NC. Becca is the granddaughter of Marie Jones and Jean Kilgore.

Robert Gray Creech, Jr. and Mary Frances Archibald, August 28, Myers Park Presbyterian Church, Charlotte NC. Sonny is the son of Betsy Reade and Gray Creech.

If you have experienced a birth, marriage or death you want to share with the church, email Rebecca Turner at rturner@whitememorial.org. If you have a relative or church friend who is hospitalized, call the church office or email Amy Clapgood at aclapgood@whitememorial.org so our pastoral staff can reach out. If you have a pastoral care need outside of regular business hours, call our after hours pastor on call at 919-605-4593.

noteworthy

BEGINNING SUNDAY, OCTOBER 4, IN PERSON WORSHIP RESUMES IN THE SANCTUARY (WITH RESERVATION). WMPC WILL CONTINUE WORSHIP AT HOME LIVE STREAM OR FACEBOOK LIVE.

8:00 a.m. and 11:00 a.m. | Sanctuary

Adult and Children's Sunday School will be held via various platforms at 9:30 a.m.

Beginning on Sunday, October 11 you will be able to live stream OnPoint@1704 worship at 11:00 a.m.

WMPC CAMPUS REMAINS CLOSED OTHER THAN LIMITED IN PERSON WORSHIP SUNDAY.

The Reopening Task Group has prepared a document with recommendations on how to reopen.

You can find the document on our website: www.whitememorial.org/updates

PLEASE VISIT OUR WEBSITE OFTEN: WWW.WHITEMEMORIAL.ORG.

For updates, videos, devotionals, studies, activities and innovative ways to practice faith at home and to share faith with one another. Also, throughout this newsletter you will see numerous events that require registration. Most registrations can be found on our website: www.whitememorial.org/register



BREAKING BREAD

Here's a quick and easy recipe WMPC member Nan Hannah follows to prepare Eucharistic Bread each month. As we partake in communion on Sunday, October 4, we invite you and your family to make this recipe beforehand. It makes two small loaves. You can find the recipe on our website:

www.whitememorial.org/activities-for-everyone.

DO YOU MISS YOUR DEVOTIONAL?

As our campus remains closed, we will leave copies of our devotional booklets (normally found in the Witherspoon Lobby) in the vestibule of the Witherspoon Building. There will be a basket to leave \$1.25 per booklet.



TUESDAY MORNING MEN'S BREAKFAST - VIRTUALLY!

It may be virtual but Tuesday Morning Men's breakfast is back! Join Christopher Edmonston and others for this time of worship and fellowship via Zoom from 7:30-8:00 a.m.

Registration is required: www.whitememorial.org/register.

EVENSONG

Any member wishing to have a relative or friend memorialized in the 2020 Memorial Evensong Program please contact Jody Grayson by October 23 at 834-3425, ext 204.



9@9 A.M. BIBLE STUDY FACEBOOK LIVE

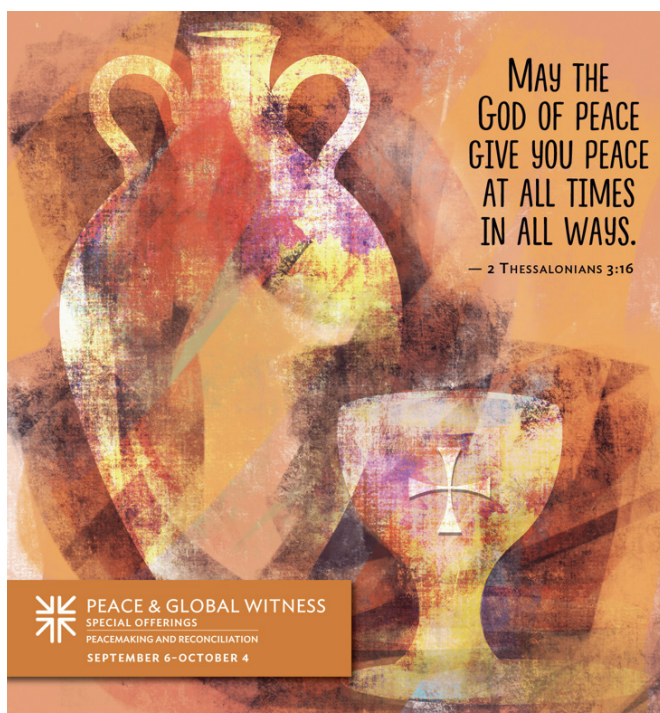
Begin the morning each weekday with a live Bible study led by Grier Booker Richards, Associate Pastor for Discipleship and Chip Pope, Associate Pastor for Youth and their Families.

You can find all of their studies on Facebook, Instagram and our website.

MEANING AS MILLENNIALS: FAITHFUL CONVERSATIONS ABOUT CHRISTIANITY AND CULTURE

6:30-8:00 p.m. | Weekly | Zoom

Meaning as Millennials is a social and study group for people in their late 20s to late 30s interested in exploring their faith and today's culture. Discussions are based upon Scripture, articles, current events, podcasts, or books. For more information contact Kevin Thompson, kpthomps@ncsu.edu.



SUNDAY, OCTOBER 4 WORLD COMMUNION SUNDAY

PEACE & GLOBAL WITNESS SPECIAL OFFERING

PEACE at all TIMES in all WAYS
2 Thessalonians 3:16

This offering is a denomination wide offering for the PC (USA).

WMPC will receive it on Sunday, October 4, 2020 during World Communion Sunday. A gift to the Peace and Global Witness Offering enables the entire church to collaborate in our proclamation of Christ's peace. Congregations keep 25% (which is allocated by our Outreach Committee), 25% is allocated by Mid-Councils such as presbyteries, and 50% is designated by the Presbyterian Mission Agency who both engage in peacemaking and build ministries of reconciliation in their own context or around the world.

WOMEN'S MONTHLY FELLOWSHIP VIRTUAL LUNCHEON

All women are cordially invited to join our virtual luncheon presentation

Monday, October 12

Live Stream from the Sanctuary | FB Live | 12-1:00 p.m.

We hope you'll grab a sandwich and join us as Gary Fulton, Executive Director with Haiti Outreach Ministries presents an update of the work in Haiti at this time.

Please see circle date and times below. Most circles are meeting via Zoom on Monday, October 12 (unless otherwise noted).

GIVE BACK. SERVE

PRESBYTERIAN WOMEN'S PROJECT FOR OCTOBER

Canned pasta, peanut butter crackers, cleaning supplies and hand sanitizer.

These can be dropped off in the red crates in front of the Witherspoon Building.

CIRCLE INFO

Circles meet on Monday, October 12 unless otherwise noted. For circle membership information, please contact Julie Leon 919-475-0861 or Kathy Hilands 615-477-7648.

Circle A: 10:00 a.m., Zoom; Reps. - Nancy Long, Carol Lynn

Circle B: No October meeting; Reps. - Ann Carney, Ruth Chell

Circle C: 10:45 a.m., Zoom; Reps. - Rebecca Spanbauer

Circle D: October 8, 11:00 a.m.; The Cypress, Wellness Room; Rep. - Ramona Deener

Circle E: 10:00 a.m., Zoom; Reps. - Susan Ricks, June Ann Ward

Circle F: 9:45 a.m., Zoom; Reps. - Maggie Black, Blair Hughes

Circle G: 10:00 a.m., Zoom; Rep. - Mary Clayton

Circle I: Circle lesson will be sent the 2nd Monday of every month and printed copies for Springmoor residents will be in the internal mail; Rep. - Susie Jackson

Circle K: October 13, 6:45 p.m., Zoom; Rep. - Cathy Lehman

Circle L: October 14, 7:00 p.m., Zoom; Reps. - Kathy Kidd, Jackie Mullin

Circle M: 7:15 a.m., October 6 & October 20, Zoom;

Reps. - Susan Allen, Miriam Dorsey

Circle N: October 13, 11:45 a.m., Glenaire Auditorium;

Reps. - Ann Harris, Lois Jenny

Circle O: October 13, 7:00 p.m., Zoom; Rep. - Sally Nunnally

All women of the church are invited to join a circle. Please contact Julie Leon 919-475-0861 or Kathy Hilands 615-477-7648 for more information.

To keep our church family safe and healthy, we have made the difficult decision to cancel the 2021 Women's Retreat in Pinehurst, NC scheduled for January 29-31, 2021.

We will resume this wonderful weekend of community and fellowship in Pinehurst, with much thanksgiving, on **January 28-30, 2022**. Anna Rainey Dickson (our scheduled speaker), has graciously agreed to be with us in 2022.

Until then, we will be looking forward with hope to the day when we are all safely together again...and what a joyful day that will be!



Katy Smyth and Ashley Silverman

Sounds on Oberlin is pleased to present the following 2020 virtual concert!

FALL Interlude

Sunday | October 25 | 2020 | 3:00 pm

Virtual from the Sanctuary

Organ Sonatas, Op. 65 by Felix Mendelssohn
featuring Karl Zinsmeister & Kirsten Homdrom

Concert will be live streamed and available on Facebook Live

For details please visit

<https://whitememorial.org/event/1845840-2020-10-25-sounds-on-oberlin-concert-series-organ-sonatas-op65/>





White Memorial Presbyterian Blood Drive

Held in Pickard Hall
1704 Oberlin Rd
Raleigh, NC 27608

**Monday, October 26, 2020
2:00 p.m. to 6:30 p.m.**

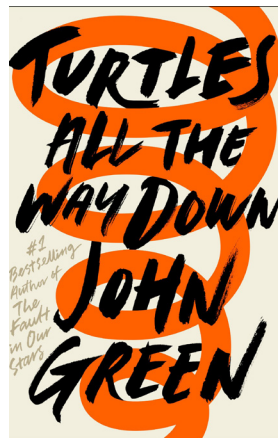
To make an appointment please visit
www.redcrossblood.org and use sponsor code:
WMPC or contact Ruth Landers at 919-215-9239.

To complete pre-reading and answer health history
question the day of the blood drive, visit
www.redcrossblood.org/RapidPass

Donate blood during #RedCrossMonth!

Visit redcrossblood.org, call 1-800-RED CROSS or download the Blood Donor App to schedule an appointment.

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CHURCHWIDE BOOK READ

Turtles All the Way Down

Book Discussion

Tuesday October 13 at

7:00-8:30 p.m. OR Wednesday

October 14 at 12:00-1:30 p.m.

Zoom | Registration required

The WMPC Mental Health and Wellness Ministry invites you to join us for a discussion of the eye-opening book *Turtles All the Way Down*. Author John Green writes for youth of all ages and tells the tender story of a young

girl, her mother, and friends as they navigate the world created by the young girl's mental illness. This revealing portrayal of the experience of mental illness is set within the search to find a missing person. If you haven't started reading, you can find a copy at the Wake County Library (including e-book and audio books), Quail Ridge Book Store and you can order on-line through Barnes and Noble and pick up at the store. Register at www.whitememorial.org/register.

CHURCHWIDE BIBLE STUDY:

THE PARABLES OF JESUS

Mondays through November 16

7:00-8:00 p.m. | Zoom | Registration required

The well-known parables of Jesus are deep wells of Christian instruction and reflection, but ones that are often reduced to a single, simplistic meaning. Join us for a 10-week study of parables led by WMPC pastors as we explore the depth of Jesus' teaching and ask what these stories might have to say to us today. Registration required: www.whitememorial.org/register



HAITI OUTREACH MINISTRIES

Facebook Live Event

Thursday, October 1

7:00 p.m.

All are invited to join
Haiti Outreach Ministries

for a 30-minute presentation as they broadcast Live from the Haiti Outreach Ministries Facebook page. The broadcast will originate from our Edinburgh Building and Haiti on Thursday, October 1 at 7:00 p.m. Gary Fulton, Executive Director of Haiti Outreach Ministries will be joined by WMPC member Jeb Jeutter to share why the work being done is so crucial to Haitians. In addition, Leon Dorleans, HOM Founding Director will broadcast live from Haiti to provide an overview and the impact of COVID-19.

<https://www.facebook.com/HaitiOutreachMinistries>



EVENSONG

Remember, give thanks, find comfort and hope.

Join us for this meaningful service for anyone who has had a loved one die in the past year or in years past.

Sunday November 1 at 4 p.m. via Live Stream

October

VIRTUAL

Keenagers

If you are 55 years old +, we invite you to join Keenagers via Zoom.

No dues or membership information is required at this time. If you would like to participate in Keenager Zoom meetings, please contact Tonya Higgins at thiggins@whitememorial.org and provide her with your name and email to receive your Zoom link.

OCTOBER 1

10:00 a.m.

Margie Mold

Chair Yoga

OCTOBER 8

10:00 a.m.

Social Connection Time

OCTOBER 15

10:00 a.m.

Joel Haas

Sculptor

OCTOBER 22

10:00 a.m.

Social Connection Time

OCTOBER 29

10:00 a.m.

Halloween Gathering

Costumes and sharing favorite

Halloween memories

SEE YOU ON ZOOM!

HEALING THROUGH GRIEF

Sundays | November 8, 15, 22 and December 6

3:00-4:30 p.m. | Zoom | Registration required

Grief touches us all at some point in our lives. No one ever has to feel alone during this difficult time. Whether you have suffered the recent death of a loved one or are struggling with a loss in the past, you are invited to come together in November/December for a series of four sessions to help you along your journey of grief.

Each session explores different aspects of grief: from acceptance of your loss and working through its pain, to adjusting to a new way of being while honoring a very significant relationship in your life. Each session builds upon the other, so attendance is encouraged (but not required) at each session. This class is led by Associate Pastor Cate Church Norman and Pastoral Resident Anne Galliher and will meet on Sunday, November 8, 15, 22 and December 6 from 3-4:30 p.m. This class will be held virtually via Zoom, and space is limited. Once you register a link will be sent to you.



CENTERING PRAYER, COVID-STYLE

Wednesdays through November 11

5:30 p.m. | Zoom | Registration required

In all of the craziness and weariness of the pandemic, join us for 30 minutes each week to center and pray. It's a little different on zoom, but we're excited to gather. Centering Prayer is simply

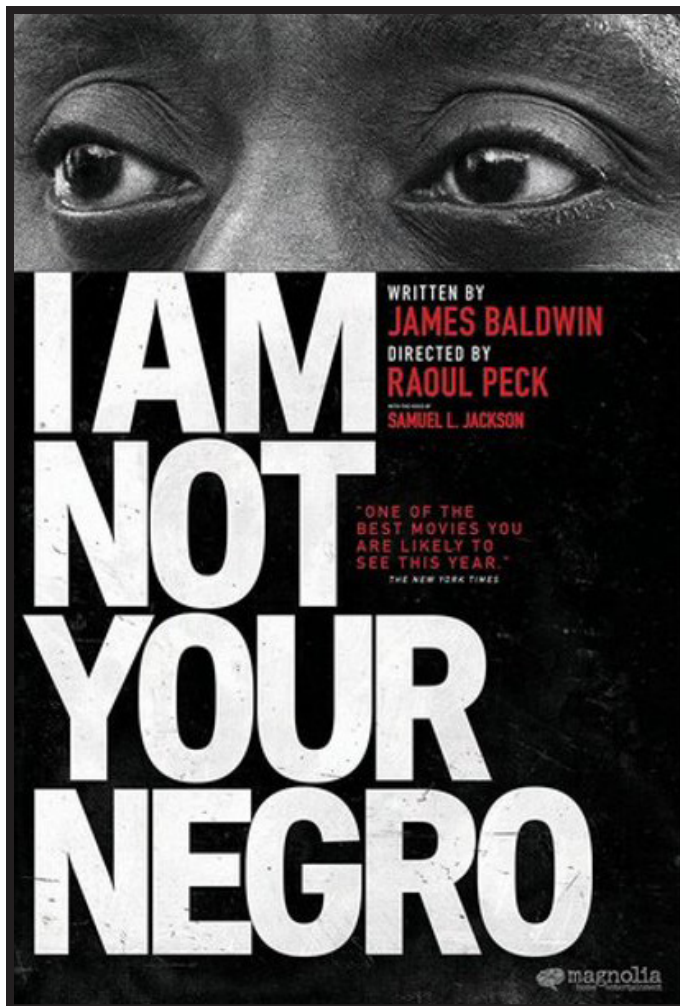
sitting in silence, open to God's word and love. Prepare yourself by sitting in a quiet space, if you wish light a candle and allow your mind and breath to slow down. Please mute your computer as we begin the opening reading.

We will meet every Wednesday at 5:30 p.m. through November 11. If you have questions, contact Melinda Fox at Melindafox22@gmail.com.

NAMI: NATIONAL ALLIANCE ON MENTAL ILLNESS

NAMI Basics | NAMI Peer-to-Peer | NAMI Family-to-Family

NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. What started as a small group of families gathered around a kitchen table in 1979 has blossomed into the nation's leading voice on mental health. NAMI works to educate, advocate, listen and lead to improve the lives of people with mental illness and their loved ones. If you or someone you know is struggling, you are not alone. Visit <https://nami-wake.org/> or call 919-848-4490 for more information on support groups and educational resources.



WMPC WATCH PARTY

Zoom Watch Party

Thursday | October 8 | 7:30 p.m. (est)
Movie is rated PG-13 and is 1 hr 33 m

Reflection Groups

You are invited to join in a discussion about the film and its impact. You can join for one or all:

Tuesday | October 13 | 12:00 p.m.

Wednesday | October 14 | 7:00 p.m.

Register for movie and reflection groups:
www.whitememorial.org/register

About the movie:

I Am Not Your Negro is a 2016 film directed by Raoul Peck, based on James Baldwin's unfinished manuscript, *Remember This House*. Narrated by actor Samuel L. Jackson, the film explores the history of racism in the United States through Baldwin's reminiscences of civil rights leaders Medgar Evers, Malcolm X and Martin Luther King, Jr., as well as his personal observations of American history. It was nominated for Best Documentary Feature at the 89th Academy Awards and won the BAFTA award for Best Documentary.

For the Watch Party:

- You must have Amazon Prime or be willing to sign up for a 30-day trial period
- You must use Google Chrome or Firefox as your browser. Safari will not work.
- You must watch on a desktop or laptop. Mobile devices will not work.
- You must register through www.whitememorial.org/register.
- Upon registration for the movie and/or Reflection Group, you will receive confirmation and a link.
- Even if the time is inconvenient and you are not able to join the Watch Party, please watch the movie on your own or with your family and register for the Reflection Groups.



SHIIP: SENIOR HEALTH INSURANCE INFORMATION PLAN WEBINAR

Tuesday October 6
1:00-2:30 p.m. | Webinar
[Registration required](#)

Susan McGuire from SHIIP will address basics of Medicare A, B, C and D, updates on Medicare programs for 2021, and how to get assistance from SHIIP. This program is for those who will be turning 65 soon as well as those already on Medicare who want to learn more. Contact Jean Williams at jwilliams@whitememorial.org for more information. Register at www.whitememorial.org/register.

PEACE AFTER DIVORCE: A WORKSHOP

Wednesdays, October 14 – November 18

7:30-9:00 p.m. | Zoom | [Registration required](#)

The painful reality of separation and divorce can be devastating, but it does not have to define us. Join Parish Associate Judy Yates Siker for this six-week workshop as together we discover God's healing power and grace in our journey back to fullness of life. Register at www.whitememorial.org/register

DISTANCE HEALING

Monday – Friday | by appointment | contact Mary Ann Turner

Mary Ann Turner is offering distance Healing Prayer sessions. If you are interested or know someone who is, email your name and phone number, as well as your preferred day and time to maturner2.mat@gmail.com. Mary Ann will be in touch to schedule; she will describe distance healing prayer, and discuss your concerns and goals for the session.

ADVENT CONTEMPLATIVE RETREAT: WAITING WITH WONDER

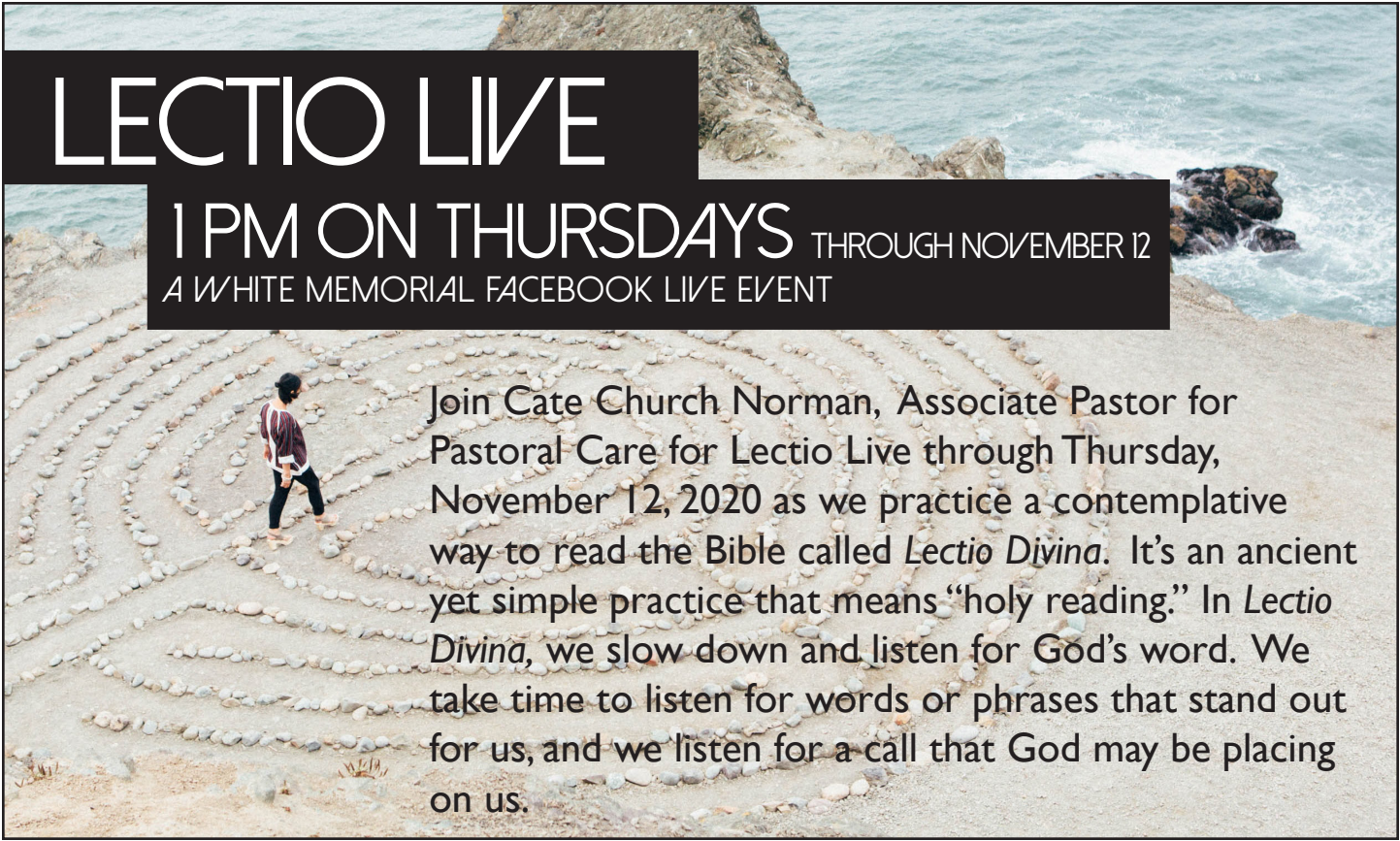
November 19 | 9:00 a.m.-4:00 p.m.

Zoom | [Registration required](#)

Please join Associate Pastor Cate Church Norman and Pastoral Resident Anne Galliher for an all-day virtual retreat as we seek to get ready for the Advent season. We'll spend time in scripture, prayer, silence and engaging in spiritual practices. This event will be held on Zoom with limited space, so register early. The cost is \$15 which includes an Advent retreat box with items to be used in the retreat. Register at www.whitememorial.org/register. Registration ends November 10. Contact Amy Clapgood with any questions at 919-834-3425 extension 210 or aclapgood@whitememorial.org.

LECTIO LIVE

1 PM ON THURSDAYS THROUGH NOVEMBER 12
A WHITE MEMORIAL FACEBOOK LIVE EVENT



Join Cate Church Norman, Associate Pastor for Pastoral Care for Lectio Live through Thursday, November 12, 2020 as we practice a contemplative way to read the Bible called *Lectio Divina*. It's an ancient yet simple practice that means "holy reading." In *Lectio Divina*, we slow down and listen for God's word. We take time to listen for words or phrases that stand out for us, and we listen for a call that God may be placing on us.

STEPUP FAMILIES CHRISTMAS NEEDS

Many StepUp families have lost income during COVID, and could use help with Christmas. Please contact Colisha Stanford at cstanford@stepupministry.org or 919-418-9933 if you would like to help. She can give you deadlines and other information. This is a great way to make a difference during challenging times.

HOLIDAY MEALS: COLLECTIONS FOR THANKSGIVING AND CHRISTMAS TURKEYS

The turkey dinner collection we have done in the past, will be done differently this year. The organizations that we support through these meals need our help in purchasing turkeys from their suppliers. They are able to purchase in bulk and can buy more with donated dollars.

If you would like to help, please go online to www.whitememorial.org/register. Donations will be accepted only through December 4 since we need time to get the funds to the agencies and they need time to purchase and distribute. If you have any questions, please contact Tonya Higgins, 919-834-3425 ext. 216

FLU SHOTS + BOXED DINNERS TO GO!

Wednesday, October 7
Davidson Chapel & Colonial Road

We are offering a flu shot clinic on Wednesday, October 7. Flu shots will be given by Hayes Barton Pharmacy in the Chapel from 3:00- 6:00 p.m. As an added feature our food services director, Macy Aguirre and her staff will be preparing take out meals for those that are missing their Wednesday Together Dinners. Boxed dinners will be available from 4:00-6:00 p.m. (No special orders – all meals will be boxed the same.)

HERE ARE THE DETAILS:

1. You will need to register online for your flu shot and for your pickup meal at www.whitememorial.org/register. You do not have to have a flu shot to order a meal, and you don't have to order a meal to receive a flu shot. Prepayment online is required for meals (no refunds). You may call Tonya Higgins at 919-834-3425, ext. 216 to make reservations for flu shots. The deadline for all reservations is noon on Friday, October 2.
2. For flu shots and meal pickups masks are required. While on campus please socially distance six feet from others.
3. For flu shots park in the Chapel Lots and enter the main Chapel door, bring your insurance card. You must be 14 years old or older to get a flu shot at WMPC.
4. Meal pickup will be on Colonial Road. Drive up past the new playground where our side kitchen door is and a volunteer will bring your pre-ordered meals to your vehicle.

Watch upcoming Thursday ENews for menus and any updated information.

OCTOBER BOXED MEALS TO GO

OCT. 7 (Reserve your meal(s) by noon Friday, October 2)
MOROCCAN MEATBALLS

OCT. 21 (Reserve your meal(s) by noon Friday, October 16)
**WILD RICE CHICKEN
CASSEROLE**

(Wild Rice Chicken Casserole, Squash Casserole, Green Beans,
Hot Biscuit and Dessert)

Host: Outreach Committee

OCT. 28 (Reserve your meal(s) by noon Friday, October 23)
MOM'S MEAT LOAF

(Mom's meatloaf, hash brown potato casserole, broccoli, hot roll
and dessert)

Host: Boy Scouts

WWW.WHITEMEMORIAL.ORG/REGISTER

Boxed Dinners to Go: \$7.00/each.

PICK-UP MEALS ON MCDONALD LANE:

October 7: 4:00 - 6:00 p.m.

October 21 & October 28: 5:00 - 7:00 p.m.

All dinners come as is. No refunds.

THE HEALTH MINISTRY COMMITTEE PRESENTS

Healthy Appetizers & Side Dishes

with Macy Aguirre

Thursday, November 5 | 4:00 p.m.
Facebook Live



Macy's Back!
And this time she's
sharing recipes for
healthy appetizers
and side dishes.



stephen
MINISTRY

Do you need someone to talk with

who is pledged to confidentiality?

A Stephen Minister is available for you

to offer a listening ear; a caring heart.

"LOVE BEARS ALL THINGS, BELIEVES ALL THINGS,
HOPES ALL THINGS, ENDURES ALL THINGS."

- I CORINTHIANS 13:3

To learn how you can receive a
Stephen Minister's confidential care contact
Nancy Benninger at nmpeterson@gmail.com or
Cate Church Norman, Associate Pastor for Pastoral
Care at cchurchnorman@whitememorial.org

www.whitememorial.org/stephen-ministry

For more information, please contact Carol Bilbro at cwbilbro@gmail.com or visit www.whitememorial.org/stephen-ministry/ Please register by November 1, 2020. Application can be found online.

2020-21 CONFIRMANDS

PLEASE PRAY FOR THESE EIGHTH GRADERS
AS THEY EMBARK ON THIS YEAR-LONG JOURNEY.

Marian Anderson Adams
Gabrielle Lindsay Amodei
Anna Katherine Bock
Guy Kester Brewer
Caroline Ruth Britt
Molly Spencer Brown
Sarah Skip Brown
Reid Meredith Brunson
Lily Frances Burkard
William Bradley Carr Jr.
Griffin Brantley Chesson
Savannah Havens Coll
Landon Eli Douek
Amelia Mae Edmonston
Wallace Caroline Edwards
Lilly Elizabeth Fisher

William Jackson Garrett
Alex Rand Gilliland
Nathan Thomas Goettsch
Lilly Vaughn Goodson
Mary Scott Goodson
Elle Sophia Harris
Lola Zelle Holderness
William Charles Holt
Kate Elizabeth Kirkland
Ava Mae Lemanski
David Scott McIntyre Jr.
Kate Diane Miller
Patrick Brannon Miller
Roman James Mock
Edward Brown Parker
Alden Elizabeth Parsons

Nathan David Peters
Christopher Lawson Pharr
Grace Larkin Raiford
Caroline Jane Rectanus
Jill Rhines Sandreuter
Lucy Walker Saylors
Johnny Francis Seale IV
Harper Gable Smith
Sydney Christine Sullivan
John Harrison Thagard
Matthew Wrenn Vannoy
Anna Grace Wagoner
Frank Brewer Wall
Helen Dana Wein
Jane Gray Zechini
Mary Caroline Zimmerman

