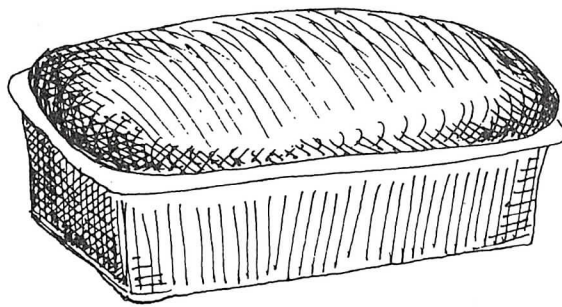


# Bread to Make

Making bread as a group and sharing it together is one way to commemorate Jesus' last meal.



# Fry Bread

Younger and Older Elementary Children

Photocopy this page so the children can follow the recipe.

## What You Need

- 3 cups whole wheat flour
- 1 1/2 tablespoons cooking oil
- 1 1/2 cups cold water
- 3 teaspoons baking powder
- 1/2 teaspoon salt
- Measuring and mixing utensils
- Large bowl
- Waxed paper (optional)
- Spatula
- Lightly oiled skillet

## What You Do

1. Mix all the ingredients together in a large bowl, then knead dough gently on a clean surface or waxed paper, using just enough whole wheat flour to prevent dough from sticking.
2. Take a small piece of dough and shape into a ball. Form a little "loaf" by flattening the dough with lightly floured hands until it is quite thin.
3. Cook in a hot, lightly oiled skillet until bread begins to brown (just a few minutes). Turn the bread with a spatula and brown on the other side.
4. Eat while warm, or keep in a warm place until serving. Good with honey.

