

WHITE MEMORIAL

PRESBYTERIAN CHURCH

THE SERVICE FOR THE LORD'S DAY
FOURTEENTH SUNDAY
AFTER PENTECOST

SEPTEMBER 15, 2019
8:15, 9:30 & 11:00 a.m.

WE GATHER TO WORSHIP

Greeting

Kirsten Homdrom

One: The peace of our Lord Jesus Christ be with you all.

All: And also with you.

One: Let us prepare for worship.

Preparation for Worship

O God, fount of all wisdom, in the humble witness of the apostle Peter you have shown the foundation of our faith. Give us the light of your Spirit, that, recognizing in Jesus of Nazareth the Son of the living God, we may be living stones for the building up of your holy church, through Jesus Christ our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, forever and ever. Amen.

Prelude - Song of Peace

Jean Langlais (1907-1991)

Christian Welcome and Announcements

Tracey Daniel

Minute for Generosity

Linda Nunnallee

Call to Worship

from Psalm 118

One: We thank God who has heard our prayers. We thank God who has become our salvation.

All: Grace is the Lord's doing - the gift of God. And it is marvelous in our eyes.

One: This is the day that the Lord has made. Let us rejoice and be glad in it.

All: Blessed are the gifts of the Lord. Blessed is the hope that God alone provides.

One: God is God, and there is no other. Let us give thanks and praise in our worship of God this day.

*Hymn 718 - Take Up Your Cross, the Savior Said

BOURBON

*Call to Confession

*Prayer of Confession

God of mercy and wonder: hear now our prayer of confession. When put to the test, our faith is often so very small. We are called upon to share but we let fear get in the way. Fear is an enemy of hope, and we have been called to hope. Help us to live generous lives through sharing with others and by declaring our hope in your Son, our Savior, Jesus Christ. In his name, and for his sake, forgive us this day. Amen.

*Assurance of Pardon

*Passing of the Peace

One: The peace of our Lord Jesus Christ be with you.

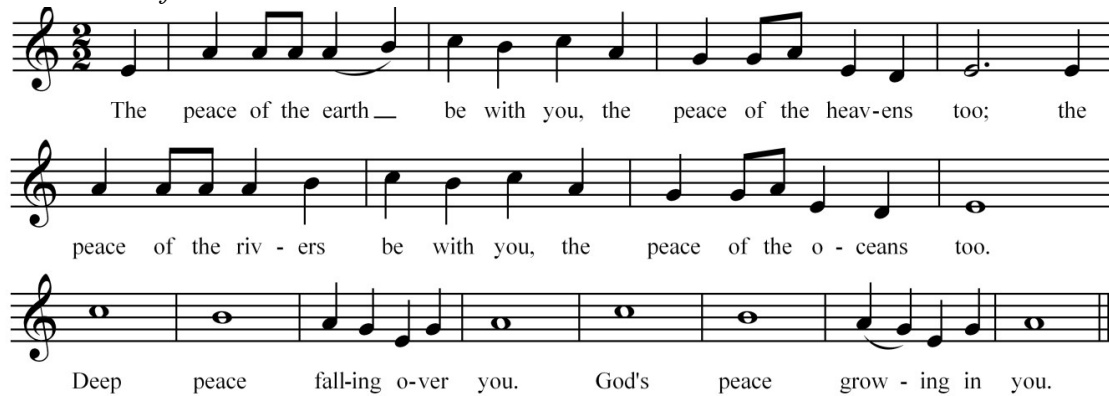
All: And also with you.

WORSHIP | EMBRACE | SERVE

in the manner of Christ

***Response - The Peace of the Earth**

Guatemalan text and melody



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WE PROCLAIM GOD'S WORD

(9:30) Sacrament of Baptism

Lillian Rosemary Baggett, child of Carlee Baggett
James Richard Enberg, child of Anne and Jon Enberg

Psalm 100 - Hymn 385

OLD HUNDREDTH

Gospel Lesson - Matthew 6:21

pew Bible, p. 6

Psalm 100 - Hymn 385

OLD HUNDREDTH

Epistle Lesson - 1 Peter 1:10-16

One: The word of God for the people of God.

All: Thanks be to God.

pew Bible, p. 218

(11:00) A Time with Young Disciples

Following our time together, four year-olds through first graders will meet with Ashlyn Whitford at the door near the baptismal font, to be joined by Cole Whitford from the OnPoint service, for Worship Enrichment in L201.

Sermon - Generosity as an Act of Hope

Christopher Edmonston

***Hymn 79 - Light Dawns on a Weary World**

TEMPLE OF PEACE

WE RESPOND TO GOD'S WORD

Prayers of the People and The Lord's Prayer

Cate Church Norman

**Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread; and forgive us our debts,
as we forgive our debtors; and lead us not into temptation,
but deliver us from evil.**

For thine is the kingdom and the power and the glory, forever. Amen.

Presentation of Tithes and Offerings

Offertory Anthem

(8:15) What Does the Lord Require?

Eric Nelson (b. 1959)

What does the Lord require for praise and offering? What sacrifice, desire, or tribute bid you bring? To do justice; love mercy; and walk humbly with your God. Rulers of earth, give ear! Should you not justice know? Will God your pleading hear, while crime and cruelty grow? Then do justice; love mercy; and walk humbly with your God. How shall our life fulfill God's law so high? Let Christ endue our will with grace.

(9:30 & 11:00) Blest are the eyes that have not seen you

Fred Gramann (pub. 2011)

Blest are the eyes that have not seen you, blest are the hands that have not touched you, blest are the ears that have not heard your voice, yet still believe. Blest are the feet that have not walked with you, blest are the hearts that hold your teachings true, blest are all those who simply trust in you, and do believe. We long for faith, more precious than gold, that we may one day your presence behold. And when we doubt, as Thomas did, may we remember what you have said: On the last day our eyes will see you, on the last day our hands will touch you, on the last day our ears will hear your voice, this we believe. (text adapted from John 20:24-29; 1 Peter 1:6-8)

***ALL WHO ARE ABLE MAY STAND.**

Offertory - Response Hymn 761 - stanza 1

BEECHER

**Called as partners in Christ's service, called to ministries of grace,
we respond with deep commitment fresh new lines of faith to trace.
May we learn the art of sharing, side by side and friend with friend,
equal partners in our caring to fulfill God's chosen end.**

***Affirmation of Faith**

from *A Declaration of Faith*, 1976

**We acknowledge one God alone, whose demands on us are absolute,
whose help for us is sufficient. That One is the Lord, whom we worship, serve, and love.**

**Jesus Christ stands at the center of the biblical record. The Bible is
the account of God's word and action in history. It is the story of the one
God, who is the Father, the Son, and the Holy Spirit. That story is still
unfolding and in faith we make it our own. It forms our memory and our
hope. It tells us who we are and what we are to do. To retell it is to declare
what we believe.**

WE GO IN GOD'S NAME

Hymn 353 - *My Hope Is Built on Nothing Less

SOLID ROCK

***Charge and Benediction**

***Chiming of the Trinity**

The worship service ends with the Chiming of the Trinity.
Please be mindful of those who remain to listen to the postlude.

Postlude - *Fugue on B-A-C-H (excerpt)

Franz Liszt (1811-1886)

The flowers in the chancel this morning are the wedding flowers of William Lindsay Turner IV and Ashley Nicole Hicks, whose marriage was celebrated yesterday. They are given to the glory of God and in loving memory of Mr. Michael Rodney Boykin, Mr. Lawrence Neil Goodson II, Mrs. Marilyn Rose Harlow-Maynard, Mr. Bernice Broadwell Hicks, Mr. and Mrs. Milton Paul Koch, Mr. Raymond Alan Lichtner, Mr. George Elwood Moore, Mr. Matthew McCrary Shuster, Dr. and Mrs. William Lindsay Turner Jr., and Mr. and Mrs. Henry Dee Wall. Will is the son of Linda and Bill Turner.

Greeters: 9:00 - Cal Cunningham, Meg Deal, John Esham, Claire Glover; 10:30 - Rebecca Kayye, Jane Worley, Sam Worley.

Ushers: 8:15 - Cheryl McLean (DIC), Cindy Carter, Bonnie Elam, Jane Elkins, Bill Fairfax, Susan Fairfax; 9:30 - Kelly Miller (DIC), Cindy Canning, Timothy Canning, Heath Chapman, Walt Garrett, H. H. Hancock; 11:00 - Betsy Reade Creech (DIC), Scott Horton, Keith Parks, Gretchen Ivey, Garrison Miller, Kelly Miller.

Treasurer's Assistants: 11:00 - Scott Lasso, Robert Ange.

Shuttle Driver: Dan Daniel.

**HURRICANE
DORIAN
RELIEF**
pray. act. give.

Pray.

Pray for all those who are affected by the storm and for all those who are helping in the recovery efforts. Find Presbyterian Disaster Assistance here.

Act.

We will be packing meals to go to areas of disaster on Saturday, October 5 from 10-noon, Geneva Hall.

Give.

Make checks to White Memorial with disaster relief in the subject line or give online and indicate Disaster Relief Fund.

Donate to the Food Bank of Central and Eastern North Carolina. Check their website for most needed items list.

Bring grocery store gift cards to the church and our presbytery will make sure they get to the areas most needed in our state.



WM App is available through the Apple store and Google Play.
You may also text WMPC APP to 77977 to download.

**WELCOME TO WHITE MEMORIAL
PRESBYTERIAN CHURCH, PC (USA)**

We are glad you are worshipping with us.
Visiting? Stop by the Welcome Table in
Jane Bell Gathering Space for information,
directions and a friendly greeting.
New members are received after attending
Believing & Belonging @WMPCC Class.
Visit whitememorial.org/join
or contact Elizabeth Viohl at ext. 206
for details, class dates and registration.

THINGS TO KNOW:

- **Shuttle buses** run every Sunday at five-to ten-minute intervals, 8:45 a.m. - 12:15 p.m. from Carolina Place, 2626 Glenwood Avenue, across from Glenwood Village Shopping Center.
- **Restrooms** are located on the first floor of the Luther Building immediately behind the sanctuary/Jane Bell Gathering Space, and across the street in the Calvin Building unless otherwise noted during our renovations.
- **Childcare** is available for children up to four years old.
- **Refreshments** are served in Carol Copeland Courtyard or Pickard Hall on Sundays at 10:30 a.m.
- **The sanctuary** has a loop hearing aid system and an FM system.
- **Live-streamed services** are at whitememorial.org.
- **Radio**, WPTF 680 AM, every other Sunday at 11:00 a.m.: next broadcast is September 22.
- **Bulletins** left in the sanctuary following worship services are recycled as part of our care for God's creation.



We are a Stephen Ministry congregation.

PASTORAL & PROGRAM STAFF:

CHRISTOPHER EDMONSTON, PASTOR
ANDREW AMODEI, EXECUTIVE DIRECTOR
CYNTHIA BAGGETT, DIR. OF WEEKDAY SCHOOL
LEVI BANNERMAN, ASST. DIR. OF YOUTH MINISTRY
GENEVIEVE BROOKS, DIR. OF YOUTH MINISTRY
CATE CHURCH NORMAN, ASSOC. PASTOR FOR PASTORAL CARE
TRACEY DANIEL, ASSOC. PASTOR FOR FAITH FORMATION
BROCK DOWNWARD, DIR. OF MUSIC EMERITUS
JIM FERRY, PARISH ASSOCIATE
KELLY GOLD, DIR. OF CHILDREN'S AND YOUTH MUSIC
KIRSTEN HOMDROM, ASSOC. DIR. OF MUSIC
KATHY HOWELL, COMMUNICATIONS DIRECTOR
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MARTHA STEVENSON, EDUCATOR EMERITA
GWEN WHITEMAN, DIR. OF YOUNG CHILDREN'S MINISTRY
JEAN WILLIAMS, PARISH NURSE
KARL ZINSMEISTER, DIR. OF MUSIC
AFTER HOURS PASTOR ON CALL: 919-605-4593

CALENDAR FOR THE WEEK

Sunday, September 15 (*Matthew 6:21; 1 Peter 1:10-16*)

Worship (8:15, 9:30 & 11:00 a.m. - Sanctuary;
11:00 a.m. - OnPoint @1704 - Pickard Hall)
9:30 a.m. - Aging Well (Chapel)
3:45 p.m. - Youth Choir Rehearsal (S300)
4:00 p.m. - Women's Retreat Committee (C304)
4:30 p.m. - Cancer Companions (C204)
5:00 p.m. - Youth Group (Pickard Hall)
6:30 p.m. - Diaconate Meeting (C200)

Monday, September 16 (*Psalms 94; Jeremiah 5:1-17; 1 Timothy 1:18-20*)

9:45 a.m. - Circle F (Off Premises)
10:00 a.m. - Circle C (K302); Circle E (Off Premises); Circle G (Off Premises); Circle I (Off Premises)
10:15 a.m. - Circle A (C200)
10:30 a.m. - Circle B (C301)
12:00 p.m. - Women's Monthly Fellowship Luncheon (Pickard Hall)
5:30 p.m. - T'ai Chi for Exercise (Pickard Hall)
6:00 p.m. - NAMI Peer-to-Peer (C302)
7:00 p.m. - Alcoholics Anonymous (C100); Ross Bible Study (C203); Handbell Choir Rehearsal (S300)

Tuesday, September 17 (*Psalms 94; Jeremiah 5:18-31; 2 Peter 3:8-13*)

7:00 a.m. - Women's Breakfast/Circle M (Connector); Men's Breakfast/Bible Study (Geneva Hall)
8:30 a.m. - Yoga for Exercise (C100)
9:30 a.m. - Fit After Fifty (Pickard Hall); God Talk (C200)
10:30 a.m. - Tuesdays with Tracey (C100)
3:00 p.m. - Labyrinth Open for Walking (Chapel)
5:30 p.m. - StepUp Kids Programming (Pickard Hall); Middle East Committee Meeting (C204)
6:00 p.m. - StepUp Life Skills Program/Dinner (Geneva Hall)
7:00 p.m. - Chancel Choir Rehearsal (S300); 20's Small Group (Off Premises); Sippin and Seeking (Off Premises)
7:30 p.m. - Boy Scout Troop 395 Meeting (Geneva Hall)

Wednesday, September 18 (*Psalms 94; Jeremiah 14:1-10, 17-22; Luke 22:31-33, 54-62*)

8:00 a.m. - Clothing Closet (W100)
9:30 a.m. - Bible Belles (Off Premises)
10:00 a.m. - Chair Yoga (C200)
4:30 p.m. - Cherub Choir (L304); Carol Choir (S300); Joyful Noise Choir (K304)
5:00 p.m. - Wednesday Together Dinner (Pickard Hall); Widows of White Memorial (Geneva Hall)
5:45 p.m. - Domestic Safety & Human Trafficking (C301)
6:15 p.m. - Youth Band Rehearsal (S300)
6:30 p.m. - Officer Training (C200); Full Generosity Committee (W400); Adult Faith Formation Committee (C204); Poland Committee Meeting (C302)
6:45 p.m. - Meditation 101 (Chapel); OnPoint House Band Rehearsal (S300)
8:00 p.m. - Al-Anon (C100)

Thursday, September 19 (*Psalms 79:1-9; Jeremiah 12:14-13:11; Romans 3:1-8*)

9:30 a.m. - Lilies of the Field (C301); Thursday Morning Bible Study (W400)
10:45 a.m. - Keenagers (Off Premises); Meditation 101 (Chapel)
5:30 p.m. - T'ai Chi for Exercise (Pickard Hall)
7:30 p.m. - Sanctuary Choir Rehearsal (S300); Webelo Scouts (K304)

Friday, September 20 (*Psalms 79:1-9; Jeremiah 8:1-13; Romans 8:31-39*)

All Day - OnPoint House Band Fall Retreat (Off Premises)
9:30 a.m. - Fit After Fifty (Pickard Hall)
8:00 p.m. - Alcoholics Anonymous (C100)

Saturday, September 21 (*Psalms 79:1-9; Jeremiah 8:14-17; 9:2-11; Mark 12:41-44*)

All Day - OnPoint House Band Fall Retreat (Off Premises)

Each Sunday, we offer four opportunities for you to worship with us at White Memorial (8:15, 9:30 and 11:00 a.m. in the Sanctuary and 11:00 a.m. OnPoint@1704 in Pickard Hall). While you will notice differences in music, location and worship leadership among our different services, what unites us in our worship is our liturgy. All services use the same Call to Worship, Prayer of Confession, readings from Scripture and Affirmation of Faith.

Toys & CONCERNS

WHITE MEMORIAL
PRESBYTERIAN CHURCH

PRAYERS AND CHRISTIAN CONCERNS TO

Andy, Sara, Corrine, Vanessa and Carolyn May, on the death of Andy's father, Walter Richard May, August 20, Raleigh NC.

Bob and Elizabeth Viohl, on the death of Bob's uncle, Emmett Wright Jr., August 26, Orange, VA.

MARRIAGES

Sarah Ashton McLawhon and Martin Rossie Jernigan, September 7, WMPC. Sarah is the daughter of Paige and Craig McLawhon.

Martha Elisabeth Williams and Lee Buchanan Gay, September 7, Angus Barn, Raleigh, NC. Martha is the daughter of Jean and Peter Williams.

NEW PRESBYTERIANS

Wyatt Liam Colby, born August 3, child of Gracie and Jeff Colby, grandchild of Becky and Charles King.

Beau Bryant Apple, born August 28, child of Maggie and Pat Apple.

If you have experienced a birth, marriage or death you want to share with the church, email Rebecca Turner at rturner@whitememorial.org. If you have a relative or church friend who is hospitalized, call the church office or email Amy Claprood at aclaprood@whitememorial.org so our pastoral staff can reach out. If you have a pastoral care need outside of regular business hours, call our after hours pastor on call at 919-605-4593.

Sippin' & SEEKING

Where: North Hills Club Lounge
4824 Yadkin Dr. | Raleigh, NC 27609
When: Tuesday | September 17 | 7 pm

Please join us for a glass of wine & conversation as we offer a casual introduction to this year's Presbyterian Women's Study: *Love Carved in Stone: A Fresh Look at the Ten Commandments*. Study Guides will be available to look over and also for purchase. Cost is \$10.

Please RSVP by 9/17 to
Olivia Edwards 252-525-8108
or Julie Leon 919-475-0861.
**You can just show up too...
ALL ARE WELCOME!**





WMPC WOMEN'S KICK-OFF LUNCHEON

PLEASE JOIN US FOR A BUFFET STYLE GET-TOGETHER
TO CATCH UP WITH EACH OTHER
AND KICK-OFF THE NEW CHURCH YEAR.

monday | september 16
(3rd monday)
pickard hall
noon

please register by noon
friday | september 13
for buffet lunch and/or childcare
www.whitememorial.org/register
lunch \$6 | free childcare provided

DON'T WAIT- FIRST 100 TO REGISTER EAT FREE
AND GET THEIR NAMES INTO RAFFLE FOR PRIZES
FROM SOME OF YOUR FAVORITE STORES.
A LITTLE SOMETHING FOR LATE-COMERS TOO.

TAI CHI MEANS MOVING MEDITATION

Tai Chi is often referred to as “Moving Meditation” because the movement allows the mind and body to work together to achieve balance and a feeling of well-being. This quiet movement encourages prayerful reflection and mindfulness. The workout is low-impact and physically rewarding as well as calming for the mind. Wear sneakers and loose clothing, you will not need a mat. This ongoing class is taught by lifelong teacher and WMPC member Honey Music. Enrollment is ongoing and new students are welcome anytime. Cost for 8-class course is \$64. Classes are offered Mondays and Thursdays at 5:30 p.m. in Pickard Hall. Questions? Contact Honey Music at 919-946-2900 or honeyjmusic@gmail.com.

CENTERING PRAYER GROUPS

Centering Prayer groups will meet for 6 weeks beginning Tuesday, October 1 from 6-6:30 p.m. in W400. We will gather quietly, a leader will begin the 20 minutes of silence, and we will end with The Lord’s Prayer. All are invited; attend as you are able. RSVPs are requested but they are not required. If you have questions, please contact Cate Church Norman at cchurchnorman@whitememorial.org or Melinda Fox at melindafox22@gmail.com. Register at www.whitememorial.org/register.

GET THE WM APP

Our app is available through the Apple store and Google Play. You can also text: WMPC APP to: 77977 to download our new app.



COME HEAR HOW OUR CHURCH IS MEETING THE FAMILY DOMESTIC SAFETY NEED IN OUR COMMUNITY

On Wednesday, September 18 we invite you to learn more about how our church is meeting the need. We will begin at 5:45 p.m. in Calvin 301. If you would like to be part of a small group interested in this community need, please contact Gloria Johnson, Associate Pastor for Outreach at gjohnson@whitememorial.org.



WELCOMING CHILDREN TO THE LORD’S SUPPER WORKSHOP

Children in third, fourth and fifth grades and their parents are invited to participate in our Welcoming Children to the Lord’s Supper Workshop in C200 on Sunday, September 22 from 3-5:00 p.m. Please visit www.whitememorial.org/register to register for the workshop and to make childcare reservations for younger siblings by September 17. Children who attend the workshop will be invited to share in communion with their families on Sunday, October 6 at the 11 a.m. OnPoint@1704 service. Questions? Contact Lynn Springfield at 919-834-3425, ext. 232.



KARL ZINSMEISTER, ORGAN

Join us for Sounds on Oberlin’s first concert of its second season. On Sunday, September 29 at 3 p.m. in the Sanctuary Karl Zinsmeister will present *A to Z* and *In Between*, an organ recital featuring compositions by Albright, Bach, Miller, Still, Vierne, and yes, an arrangement for brass choir and organ by Zinsmeister. The first portion of the program will include a piece called *Rex: The King of Instruments* for narrator and organ—the work demonstrates and explains some of the basic workings of the grandest of instruments, the pipe organ. Young audience members will be invited up to sit near the console for an up close view during this selection. Other musical styles include bluegrass, hymn, march, and Franz Liszt’s *Prelude and Fugue on the Name B-A-C-H*. All are invited—there should be something for everyone—from A to Z! Admission is free. A love offering in support of the Sounds on Oberlin concert series will be collected.

GENTLE YOGA

Gentle Yoga designed for aging bodies. Classic poses will be taught with emphasis on alignment to keep our bodies structurally sound. Movement is slow and mindful. Students must be able to get up and down on their mat. A yoga mat and blanket are required. \$8 per class. Class meets every Tuesday from 8:30-9:30 a.m. in C100. If you have questions, please contact Beth Robinson at elizabeth.robinson44@gmail.com.

STEPHEN MINISTRY INFORMATIONAL GATHERING

PLEASE JOIN US FOR AN INFORMATIONAL GATHERING



Monday, October 7
6:30-8 P.M.
Geneva Hall

This is a time of great food, fellowship and fun!
Please reserve your spot by noon Thursday, October 3 at
www.whitememorial.org/register



FOR WHERE YOUR TREASURE IS,
there your heart will be also.

MATTHEW 6:21

WORSHIP

BE TRANSFORMED

embrace

SERVE

believe

belong

September 15 - October 20, 2019

September 15

Generosity and Hope

When we give to our community of faith, we are investing in its future. This is a witness to hope itself.

Gospel Lesson: Matthew 6:21

Epistle Lesson: 1 Peter 1:10-16

Guest speaker(s): Generosity Campaign Co-chairs
Linda Nunnallee and Stephen Riddick

September 22

Generosity Through Worship and Belief

Worship and belief are gifts of faith to God. They are the basis of our practice of faith and the cornerstone of every church.

Epistle Lesson: Colossians 3:12-17

Epistle Lesson: 1 Peter 2:1-5

Guest speaker: Dennis de Jong, Community Music School

September 29

Generosity as the Key Stepping Stone of Belonging

Disciples belong to Jesus Christ. We become more faithful through acts of generous giving and sacrificial witness.

Old Testament Lesson: Psalm 121

Epistle Lesson: 1 Peter 4:8-11

Guest speaker: Alice Lutz, Triangle Family Services

October 6

Generosity Practiced Over Time Reaffirms

Our "Belongingship" to God

We never give enough as disciples of Jesus Christ. Each act of giving - money, time, talent - further forges our relationships with God and one another.

Gospel Lesson: Luke 18:18-30

Epistle Lesson: 1 Peter 2:9

Guest speaker: Joe Burmester, Loaves and Fishes Ministry

October 13

Generosity Without Service is Not Generosity at All

Our love for neighbors and our giving to neighbors are hallmarks of our witness as disciples of Jesus Christ.

New Testament Lesson: Acts 6:1-7

Epistle Lesson: 1 Peter 5:1-4

Guest speaker(s): Leon DeOrleans, Director of Haiti Outreach Ministries; Maggie Kane, A Place at the Table

October 20

Believe. Belong. Be Transformed.

The generous life is the life we are called to live. When we give we come closest to reflecting the love of God as God has given us everything. God is a giver. We should be as well.

Epistle Lesson: Ephesians 4:1-6

Epistle Lesson: 1 Peter 5:6-11

Guest speaker(s): Katherine Gilliland and Andy Betts

This support group uses Cancer Companions devotionals, videos and Bible lessons to explore how we can draw closer to God as we go through difficult times.

Seeing GOD

in Your Cancer Journey

Sundays, September 15-

November 17

4:30 - 6:00 p.m. | C204

Questions: contact

Jean Williams at jwilliams@whitememorial.org or
Amanda Kidd at awkidd1961@gmail.com



TONIGHT

- **Youth Group**
5-7 p.m. in Pickard Hall
Dinner \$6.00, Friends always welcome!

FALL RETREATS

- **High School Beach Retreat**
September 28-29 in Morehead City
Email Deb Smith to be placed on waitlist.
- **Confirmation Day Retreat**
September 29, 9:30 a.m.-3 p.m.
Gather in C100 to depart
All 8th graders and Confirmation Mentors
- **Middle School Fall Retreat**
October 4-6 at Camp Kanata
Online Registration open

LOOKING AHEAD

- **Church League Basketball Registration**
October 7-November 8
- **Seniors Helping Seniors Registration**
October 27
12:15 p.m.-1:15 p.m. in C200

WEEKLY YOUTH EMAIL NEWSLETTER

Contact Deb Smith at dsmith@whitememorial.org to be added to the contact list for our weekly email!

FLU SHOTS Thursday, September 26 9 a.m. - 12 p.m. C204

Don't let flu season catch you off guard! Keenagers are invited to come and get a flu shot from 9-10:30 a.m. with priority appointments. After that, the clinic will be open to all members and staff until noon. You must be at least 14 years old to receive a flu shot at White Memorial Presbyterian Church. Please bring your insurance card.



FAITH FORMATION: A WORD OF INVITATION

You have an opportunity this fall to deepen your faith and connect with other disciples. On our website you will find full descriptions for a

variety of classes and groups that you are invited to try. Read through the list, choose a group, attend at least six times and see if it is the group for you. Investing in your life of faith is worth your time and energy and may change your life for the better. If you have questions, please contact Tracey Daniel, Associate Pastor for Faith Formation at tdaniel@whitememorial.org.

MEDITATION 101: REBOOT

Are you familiar with meditation and hope to deepen your practice? Are you new to meditation and want to learn more? Led by Associate Pastor Cate Church Norman, these classes will provide guidance and tools to enhance or begin your practice. Discover the relationship between meditation and prayer and experience several forms of meditation like loving-kindness meditation, centering prayer and guided visualization. Classes are Wednesday, September 18 and 25 from 6:45-9 p.m. and Thursday, September 19 and 26 from 10:45 a.m.-noon. Feel free to register for dinner before the Wednesday night class or stay for lunch after the Thursday morning class. Register: www.whitememorial.org/register. Childcare is available with registration.