

# Biblical Bread

## Young Children

This is a simple recipe that young children can make themselves.

### What You Need

- 1 cup whole wheat flour
- 1/2 teaspoon salt
- 1 teaspoon baking powder
- 2 tablespoons cooking oil
- 6 tablespoons water
- Mixing and measuring utensils
- Large bowl
- 9-inch loaf pan
- Oven
- Butter and honey (optional)

### What You Do

1. In advance, print the recipe in large letters where the children can see it. Although most children under the age of five cannot read, many are beginning to recognize numbers and letters and will enjoy following the recipe.
2. Assemble all the ingredients and utensils on a table. Be sure you and the children have washed your hands thoroughly. Invite the children to join you at the table.
3. Let the children take turns measuring the dry ingredients and mixing them in a bowl. Then add the oil and water and again let them take turns mixing.
4. Pat the dough into a lightly greased pan and put in the oven.
5. Bake for twelve to fifteen minutes at 325° F (163° C).
6. Eat the bread together. Tell the children that Jesus had a meal with his friends called the Last Supper. When we share food together, we can remember Jesus and his love for us.

