

AVOCADO CHICKEN SALAD

Ingredients

2 - 3 boneless-skinless chicken breasts cooked and shredded (you can substitute with Rotisserie Chicken)

1 avocado

¼ cup chopped onion

Juice of ½ lime

Salt & pepper to taste

Mash the avocado with the lime juice and mix with all other ingredients.

For a pop of color and flavor you could add some grape tomatoes that have been quartered.

